

# Kelowna Buddhist Temple

## The New Dharma Express

P.O. Box 22092, RPO Capri Centre, Kelowna, B.C. V1Y 9N9 - Telephone 250-763-3827  
 Web: [www.kelownabuddhisttemple.org](http://www.kelownabuddhisttemple.org) Email: [kelbudt@gmail.com](mailto:kelbudt@gmail.com)

### Special Points of Interest:

- Thur., Oct. 31, TSS Meditation 10am ~ 12:30pm, Chow Mein Prep 6pm ~ 9pm
- Fri., Nov. 1, TSS Meditation 10am ~ 12:30pm, Chow Mein Prep 6pm ~ 9pm
- Sat., Nov. 2, Chow Mein Prep 8am ~ 5pm
- Sun., Nov. 3, Chow Mein Prep 8am, Chow Mein Pick up 1pm ~ 3pm
- Wed., Nov. 6, TSS Meditation 10am ~ 12:30pm
- Thur., Nov. 7, TSS Meditation 10am ~ 12:30pm Executive Meeting 7pm
- Fri., Nov. 8, TSS Meditation 10am ~ 12:30pm
- Sun. Nov, 10, Dharma School 10am, Dharma Shotsuki Service 2pm
- Wed., Nov. 13 TSS Meditation 10am ~ 12:30pm
- Thur., Nov. 14 TSS Meditation 10am ~ 12:30pm
- Fri., Nov. 15 Anko Making 9am, TSS Meditation 10am ~ 12:30pm
- Sat., Nov. 16 Anko Making 9am
- Sun., Nov. 17 Anko Making 9am
- Tues., Nov. 19 Kizuna-kai, Senior's Activity Day 12noon ~ 2PM
- Wed., Nov. 20 TSS Meditation 10am ~ 12:30pm

### November Memorial

- Master Fumio Matsuda
- Mr. Sanpei Matsuo
- Mr. Kazuo Ohta
- Mrs. Fusa Ohashi
- Mr. Tokujiro Tsuji
- Mr. Akira Ibaraki
- Mr. Jinnosuke Masumoto
- Mr. Komakichi Tamaki
- Mrs. Hide Nakayama
- Mr. Yoshio Tabata
- Mr. Jutaro Ueda
- Mr. Yukio Kurahashi
- Mr. Roy Tanaka
- Mrs. Yuki Horiuchi
- Mr. Tahei Tatebe
- Mr. George Ueda
- Mrs. Mary Hokazono
- Mr. Aiji Hokazono
- Mrs. Emiko Nishi
- Mrs. Joan Kitaura
- Mr. Robert Eikenaar
- Mr. Shigeru Tanaka

- Thur., Nov. 21 TSS Meditation 10am ~ 12:30pm
- Fri., Nov. 22, TSS Meditation 10am ~ 12:30pm
- Sat., Nov. 23 Manju Making 9am ~ Finished
- Sun., Nov. 24, Dharma School 10am, Thanksgiving Service 2pm
- Wed., Nov. 27, TSS Meditation 10am ~ 12:30pm

### Clean-up Altar Toban

- Herb/Cheryl Tanaka
- Tomoyo Yamaoka
- Jay/Suma Hunter
- Tad & Elaine Kondo
- Linda & David Matsuyama
- Don/Joyce Favell
- Marilyn MacLean
- Joe/Pegí Uyeyama
- Mark/Laurie Gilbert
- Gail Brown
- Randy/Charlene Caruso



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### Service Chairpersons:

- Herb Tanaka  
Dharma Shotsuki ~ 2pm  
November 10, 2019
- Rick Suzuki  
Thanksgiving ~ 2pm  
November 24, 2019



### Correction

The Chow Mein notice in the September edition of the newsletter contained **erroneous** information regarding the date. Please note the correct date for Chow Mein sales is **Sunday, November 3, 2019**

- Thur., Nov. 28, TSS Meditation 10am ~ 12:30pm
- Fri., Nov. 29, TSS Meditation 10am ~ 12:30pm

## From Sensei

### REFLECTIONS ON WHO WE ARE

*Being conceited and haughty, they think they are on the right path. Acting heedlessly in an overbearing manner, they treat others with contempt. Unable to know what they are doing, even when they commit evils, they feel no shame. (The Larger Sutra)*

Autumn has come to the Okanagan, and the leaves of the Canadian maple trees in front of our home are coming down very quickly. Over the last few days we spent some time raking and gathering up dead leaves and trimming the bushes in our back yard. The tops of the mountains surrounding the Okanagan valley are now capped with snow, and the temperatures have dropped. Today we drove to nearby Knox mountain, where one can have a beautiful view of the city. We were impressed by the beautiful autumn colors of the trees. It was just like some of the postcards of the Okanagan that we have seen.

When we reflect on life, every season seems to bring us different feelings and a different focus. For us, autumn is a time for reflection after a busy summer.

At this time of year, we always feel the cycle of life through changes in the nature around us. It gives us feelings of nostalgia as we think about the days of summer. We had the opportunity to attend the World Women's Convention in San Francisco in the summer, where we were able to meet many Nembutsu followers from around the world. Soon afterwards, we attended the Jodo Shinshu Convention of British Columbia in Kamloops. During the Summer, we were able to visit historical places in the B.C. Interior where many Japanese Canadian families lived during the internment of WWII. We have been privileged to encounter many people and many places over the summer. Now is a time for us to reflect on the people and the communities that we visited.

When we reflect on our lives, we have many kinds of challenges. There are people who are busy all the time, who are constantly thinking of something, or must always be doing something. They often do not have a chance to stop and look back. We all need a time for reflection to correct our mistakes or our own shortcomings. It is sometimes easy to see faults of others, but we need to look at ourselves. By doing so we may be better able to see ourselves more clearly.

There is a story about a wealthy and rather cranky man who visited his Minister because he was unhappy with his life. The Minister was a simple man, yet was warm hearted and cared about people. During his visit, the Minister tried to talk with him and reason with him. He led him over to the window to look at the other side of the street, then asked him "what do you see?" The man answered "well, I see some men and some women and there are also some children. They are all raking up some leaves." The Minister said "that is right, you can see them quite clearly". The Minister then took him over to the living room mirror and asked "what do you see here?" The man said "well, obviously I can see myself - what is the

point of this - this is obvious." The Minister then said to him "in the window there is glass, in the mirror there is glass. "But the glass of the mirror is covered with a little bit of silver paint. No sooner is the silver added than you cease to see others and you see only yourself. Maybe the difference is just a little bit of silver that was added. Now you can see yourself clearly. You can see your unhappy self. But you are the one who can change your life, not someone on the outside."

We all have experiences of childhood, adulthood, aging and sickness. As we live our lives we need to learn from experience and begin to see who we really are. The following story gives us some insights about human nature.

*when we see someone's faults, we can become overly self-righteous. However, our "blind spots" are often easily detected by others*

One day a boy's grandfather came to live with him and his parents. When the grandpa ate his meal, he was unable to hold his spoon without spilling food on the tablecloth and the floor. This seemed to irritate the boy's parents, so they set up a small table in the corner of the kitchen for him.

One day the old man's shaking hands could no longer hold his glass bowl - it fell to the floor and broke into many pieces. The boy's mother scolded the old man and went to the store to buy a wooden bowl for him. A few days later when the boy's father returned home from work, he found his son sitting in the middle of the kitchen floor, carving a block of wood. "What are you making?" the father asked. The boy replied "it is a present for you and for mom - I am carving two wooden bowls so that you and mom will have something to eat from when you come to live with me in your old age." Later that evening the boy's parents moved the grandpa back to the family table. They had learned an important lesson from their son. As the story describes, when we see someone's faults, we can become overly self-righteous. However, our "blind spots" are often easily detected by others, sometimes from the most unexpected sources. In this way we can begin to recognize our own limitations.

Our Nembutsu teachings makes no demand on us to become wiser, better, more perfect. However, it does ask us to become real, and truly honest as human beings, by awakening to the boundless compassion of Amida that sustains us. In doing so, we can begin to recognize our limitations and our imperfections.

In Gassho, Rev. Yasuhiro Miyakawa

### Thank-you!

Our thanks to Mr. Tad Kondo for donating the stainless steel components of a pan to cook Chow Mein and to Derek Mayeda for having it welded together by Northside Industries. This pan will utilize all 6 burners on the gas stove and will allow us to cook the equivalent 3 Woks of Chow Mein at one time instead of 2, thus speeding up the process.

**Kelowna Buddhist Women's Association**

We have now started with our fall fund raising activities which will go through to December 7<sup>th</sup> with our Mochi and Udon sale and the Women's Association will again be making Manju for sale the same day.

Mein making was held on September 28<sup>th</sup> & 29<sup>th</sup>. Thanks to Joyce Favell, Julie Mori and Geri Nishi for making lunch for all the volunteers who came out to make the Mein. Thank you to all the volunteers.

Joyce Favell, Cheryl Tanaka and I made a presentation of \$600 to JoeAnna's House October 2, 2019. This money was raised through our Manju sales last year. We are hoping to be able to donate to a local charity every year and make this a tradition.

Coming up is apple pie making and our Chow Mein sales. If you are available please come out and help.

The Women's Association will be making Manju in November. Help is needed on November 15<sup>th</sup>, 16<sup>th</sup> and 17<sup>th</sup> to make the Anko and on November 23<sup>rd</sup> to make the various kinds of Manju. If you have time please come out and help.

Hope to see you at the upcoming fund raising activities. The Women's Association welcomes any help in making lunches for the various work parties.

In Gassho,  
Maureen Hatanaka



**Editor**

From September 10 to 14, 2019, the B.C. 55+ Senior's games were held in Kelowna. Thousands of participants and supporters from throughout B.C. took part in the competitions and celebrations. Among the participants were two members of the Kelowna Buddhist Temple. Kaichi Uemoto was awarded a silver medal in Snooker for 75 years and over and Temple Board of Director's member and Temple Treasurer, Derek Mayeda, competed in Ice Hockey. Congratulations to both of you and to all participants!

As noted above in the Women's Association report, a donation was made to JoeAnna's House in Kelowna. This facility is being constructed adjacent to Kelowna General Hospital through support from the Kelowna General Hospital Foundation and will offer accommodations for the families of patients who must travel to Kelowna to receive life saving treatments. The need for this facility arises due to the lack of affordable short term accommodations in Kelowna. The Kelowna General Hospital Foundation has committed to raising \$8,000,000.00 to construct this facility. Some of you are aware that after retirement in September, 2017, I began volunteering at the Rutland Hospital Auxiliary Thrift Shop. Shortly after that time, I hung a sign in the store to track the progress of the fundraising campaign. In September of this year, we reached \$1,500,00.00 towards the goal. These funds were raised through contributions to the Rutland Thrift Store as well as through sales at Perking Lot Coffee Shop, The Royal Bistro, Deli and Cafe and The Centennial Mercantile, Gift Shop at KGH. These organizations are staffed by volunteers. It is very humbling to be a part of this organization. At some point in our lives, most of us will require use of our hospital. If anyone of you has gently used items that are no longer needed, please consider donating them to the Thrift Store. Every contribution counts!

For many years, I have considered becoming a blood donor and kept putting it off for one reason or another. In January of this year I got to thinking that I'd better get moving if I was ever going to do so. I am now due to give my sixth donation. I do know that others of you have already made donating blood a regular part of your routine. It's a great feeling to contribute! If you have ever considered becoming a donor or have taken a break for a while, please act now!



***"IT'S IN YOU TO GIVE!"***

## From the Temple Executive

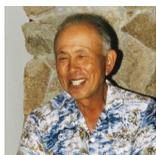
October is a great time of the year with a large variety of activities so get out and enjoy it. Cooler temperatures bring on beautiful colors in our gardens and in the forests, which also means getting our yards ready for the winter months. This also means getting our tires changed in anticipation of the slippery roads. The fall in the Okanagan also is harvest time for apples and pears and grapes for our wineries. A lot of our past temple members were farmers and this was a very busy time for them. Mushroom hunting in our mountains is another occurrence a number of our temple members have enjoyed. For myself and my cousins Alan and Brian, it's not so much the eating of them but the enjoyment of hiking and finding them. We give most of them away. It's like finding gold nuggets especially when we hear what one matsutake mushroom costs in Japan (about \$90-\$100 for a 3-4 inch one). I hope you were able to purchase some at our Farmer's Market but at a much cheaper price! October also means Halloween, trick or treating, fireworks, and going to the pumpkin patch to pick out your pumpkin and carving it. For the sports enthusiasts, the fall also means, World Series time, the continuation of the football season (CFL and NFL), the start of the hockey and basketball seasons. It's tough getting away from the TV! Our major Temple fundraising activities are occurring now: Mein making, Farmer's Market, Apple Pies, and Chow Mein. Please check the newsletter for time and dates. Please lend a hand if at all possible, even if it's for a few hours. As the saying goes, many hands make light work! I would be remiss if I didn't mention that October also means Thanksgiving. I'm sure you have like me, a lot to be thankful for especially where we live, a free and democratic society! I hope you exercised your right to vote!



Respectfully submitted,  
Jack Yamaoka

## Memorial

Mr. Yoshihiko (Barney) Kitaura was born on April 29, 1927 in Rutland. He lived his entire life in the community with the exception of the last year when he was a resident of Mission Creek Landing Care Home. The Temple was always an important part of Barney's life. As a young person, he was involved with the youth organizations and created many life long friendships. Barney served on the Temple Board of Directors for years and very competently filled the role of Treasurer for many of them. He remained an active member until declining health forced him to move into an assisted living facility. In spite of not being able to attend the Temple functions, the Temple was never far from Barney's thoughts and he continued to support the organization. During the Hanamatsuri celebration on April 14, 2013, Barney was awarded a Lifetime Temple Membership, in recognition of his decades of dedicated service. Sadly, Barney passed away on September 24, 2019. During his more than 92 years of life, Barney enjoyed being a successful grower of fruit and vegetables on his Belgo area farm and also engaged in many sporting activities. He was an eager participant in Bowling, Baseball, Softball and Golf. He was thrilled to shoot a Hole in One at the Hillview Golf Course in Vernon. Barney was a loving and supportive Uncle to many nieces and nephews which is evident in the loving care they have returned to him. We extend our deepest condolences to Barney's extended family. We are all richer because he shared his life with us and he will most certainly be missed!



Thank-you Barney.



Namo Amida Butsu



## A Record in Lament of Divergences (Tannishō)

It appears that disputes have arisen among followers of the sole practice of Nembutsu, who argue that "these are my disciples" or "those are someone else's disciples." This is utterly senseless. For myself, I do not have even a single disciple. For if I brought people to say the Nembutsu through my own efforts, then they might be my disciples. But it is indeed preposterous to call persons "my disciples" when they say the Nembutsu having received the working of Amida. We come together when conditions bring us to meet and part when conditions separate us. In spite of this, some assert that those who say the Nembutsu having turned from one teacher to follow another cannot attain birth. This is absurd. Are they saying that they will take back the Shinjin given by Amida as if it belonged to them? Such a claim should never be made. If one comes to be in accord with the spontaneous working of the Vow (Jinen), one will awaken to the benevolence of the Buddha and of one's teachers.

Thus were his words.



**DELICIOUS  
HOME-MADE CHOW MEIN &  
APPLE PIES  
FRESH FROM THE  
TEMPLE KITCHEN**

**2 EASY STEPS:**

**Pre-order by October 30th  
by email or phone**

**Pick up at the Temple  
on November 3 from 1 til 3 PM  
1089 Borden Ave.**

**NOVEMBER 3rd, 2019  
KELOWNA BUDDHIST  
TEMPLE  
FALL  
CHOW MEIN SALE**

**Pre-Order by E-Mail at  
[kbtchowmein@gmail.com](mailto:kbtchowmein@gmail.com)**

Provide your name, phone # (not work number), and specify how many orders of

**pork or vegetarian**

Chow Mein (\$9.00 each)

&

**Regular or Splenda (sugar-free)**

pies (\$9.00 each) - frozen

**Pre-Order by Phone: 250-860-2980**

**KBT Women's Association**

**MANJU Sale**

Four kinds of frozen Manju (Yaki, Mushi, Dorayaki and Mochi)

Sold by the Dozen – Mixed or one kind, \$15.00 per Dozen

Place order to

*kbtchowmein@gmail.com* or phone 250-762-2653 (Manju only)

Pick-up is Saturday, December 7th (same time as Udon and Mochi pick-up)

It is first come, first served. Orders will be taken until November 20th

*Senior Kizuna-kai Drop-In Day  
at the  
Kelowna Buddhist Temple  
Tuesday, November 19th, 2019*



***Seniors (65+) are invited to come and socialize  
with others and enjoy a delicious lunch***

*Come at 11:00am and join in on some fun activities and visit  
with friends*

*LUNCH at 12:00pm*

*Finish by 1:30pm*

*Transportation will be offered to those seniors needing a ride  
to and from the Temple*

*No fee for Temple Members since this is included in their  
membership fees*

*Price for non-members is \$5.00*

Please register with Maureen at 250-215-1118 or e-mail at  
mkhat@telus.net

# November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 Dharma School, 10am  Nirvana Day 2pm	28 Taiko Practice 7pm	29	30 TSS Meditation 10am ~ 12:30pm	31 TSS Meditation 10am ~ 12:30pm  Chow Mein Prep 6:00pm ~ 9pm	1 TSS Meditation 10am ~ 12:30pm  Chow Mein Prep 6:00pm ~ 9pm	2 Chow Mein Prep 8:00am
3 Chow Mein Prep 8:00am Chow Mein Pick Up 1pm ~ 3pm	4 Taiko Practice 7pm	5	6 TSS Meditation 10am ~ 12:30pm	7 TSS Meditation 10am ~ 12:30pm  Taiko 7pm	8 TSS Meditation 10am ~ 12:30pm	9
10 Dharma School 10am Dharma Shotsuki Service 2pm	11 Taiko Practice 7pm	12	13 TSS Meditation 10am ~ 12:30pm	14 TSS Meditation 10am ~ 12:30pm Executive Meeting 7pm Taiko 7pm	15 Anko Making 9am, TSS Meditation 10am ~ 12:30pm	16 Anko Making 9am
17 Anko Making 9am	18 Taiko Practice 7pm	19 Kizuna-kai, Senior's Activity Day 12noon ~ 2PM	20 TSS Meditation 10am ~ 12:30pm	21 TSS Meditation 10am ~ 12:30pm  Taiko 7pm	22 TSS Meditation 10am ~ 12:30pm	23 Manju Making 9am ~ Finished
24 Dharma School 10am Thanksgiving Service 2pm	25 Taiko Practice 7pm	26	27 TSS Meditation 10am ~ 12:30pm	28 TSS Meditation 10am ~ 12:30pm  Taiko 7pm	29 TSS Meditation 10am ~ 12:30pm	30

*With Gratitude the Temple and all of its Affiliated Organizations*  
**Acknowledge Your Generous Contribution**

**Fujinkai (Women's Association)**

Itani, Derek & Tracey	\$20.
Mori, Mr. Minoru <i>in memory of</i> Midori Mori	\$50.
Matsuda Family <i>in memory of</i> Mr. Susumu Matsuda	\$300.

**Dharma Shotsuki**

Yamaoka, Alan & Barb <i>In memory of</i> Masako Yamaoka	\$30.
Yamaoka, Alan & Barb <i>In memory of</i> Tomiye Yokota	\$30.
Yamaoka, Alan & Barb <i>In memory of</i> Nobuo Yamaoka	\$30.
Suzuki, M/M Toshiya <i>In memory of</i> Koichi Hayashi	\$30.
Suzuki, M/M Toshiya <i>In memory of</i> Mitsuko Ishikawa	\$30.
Suzuki, Rick & Tanaka, Peggy <i>In memory of</i> Flo Terada	\$25.
Suzuki, Rick & Tanaka, Peggy <i>In memory of</i> Koichi Hayashi	\$25.
Tanemura, Shirley	\$20.
Terada, Lorne <i>In memory of</i> Flo Terada	~
Mori, Julie <i>In memory of</i> Midori Mori	~
Terai, Isao <i>In memory of</i> Linda Terai	\$250.
Itani, Derek & Tracey	\$20.
Hatanaka, Maureen <i>In memory of</i> Jerry Takeda	\$30.
Takeda, Laurie <i>In memory of</i> Jerry Takeda	\$150.
Mori, Min <i>In memory of</i> Midori Mori	\$50.
Mori, Min <i>In memory of</i> Shigeru Mori	\$25.
Mori, Min <i>In memory of</i> Nobue Nakano	\$25.
Sugie, Sam & Irene <i>In memory of</i> Mother Y. Sugie	\$30.
Yamada, Ken & Shoko <i>In memory of</i> Hideo Yamada	\$30.
Suzuki, Rick & Tanaka, Peggy	\$25.
Suzuki, Rick & Tanaka, Peggy <i>In memory of</i> Midori Mori	\$20.
Yamaoka, Jack & Darlene	\$20.
Tanaka, Herb & Cheryl	\$20.
McLean, M/M Don	\$20.
Matsuda Family <i>In memory of</i> Susumu Matsuda	\$1,000.

**Eitai-kyo**

Yamaoka, Tomoye	\$15.
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Koerber, Ralph & Deborah	\$25.
Suzuki, Rick & Tanaka, Peggy	\$30.
Suzuki, M/M Toshiya	\$40.
Yamaoka, Alan & Barb <i>In memory of</i> Yuki Nishi	\$30.
Yamaoka, Alan & Barb <i>In memory of</i> Aya (Nishi) Tabuchi	\$300.
Hattori, Diana	\$150.
Yamaoka, Alan & Barb <i>In memory of</i> Chiyoko & Shuo Yamaoka	\$100.
Tanemura, Shirley	\$20.
Terada, Lorne	~
Yamaoka, Jack & Darlene	\$100.
Tomiye, Reg	\$20.
Mayeda, Derek	\$100.

**General**

Cavanaugh, Genevra	\$25.
Mori, Min	Farmers' Market \$50.
Mori, Min	Chow Mein \$50.
Mori, Min	Apple Pies \$25.
Dux, Larry & Sue	Chow Mein \$100.

**In Kind**

Tomiye, Reg	Naijin Expenses - September 2019	\$39.69
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**Memorial**

Suzuki, Rick & Tanaka, Peggy <i>In memory of</i> Morio Tahara	\$100.
Sugimoto, Noriko <i>In memory of</i> Morio Tahara	\$30.
Cameron, M/M Huston <i>In memory of</i> Morio Tahara	\$100.

**Newsletter**

Mori, Min	\$40.
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**Ohigan-ye**

Yamaoka, Tomoye	\$20.
Tanemura, Shirley	\$20.
Suzuki, Rick & Tanaka, Peggy	\$30.