



Kamloops Jodo Shinshu Buddhist Temple

NEWSLETTER

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June 2017- VOLUME 2

http://www.kelownabuddhisttemple.org/kamloops

NEW: Facebook page: Kamloops Jodo Shinshu Buddhist Temple

Board of Directors:

Daniel Heslop - secretary Rick Nakashimada - treasurer Kay Hori Dana Turner Anna Kato Minister (Sensei): Yasuhiro Miyakawa

Editor: Anna Kato

Translators: Kazuyo Isobe, Hiroko Shidei

Obon Service, July 16th

The Kamloops Obon service will take place on Sunday July 16th

Hatsubon service at the Temple at 10:30 am
Cemetery services beginning at 1:00 pm at Pleasant St cemetery

Temple Service takes place at 3:30 pm followed by dinner and Obon Odori.

Odori practices are on Tuesdays at 6:30pm

EDITOR'S MESSAGE: (Anna Kato)

I apologize in advance for any omissions or mistakes and any corrections will be put into the September 2017 Newsletter.

Please forward any articles you wish to be published in the newsletters, either to my email at ayoshida@telus.net or mail to Anna Kato, 1677 Parkcrest Ave, Kamloops, BC, V2B 4W7, on or before the 10th in the month the Newsletter is to be mailed out.

Newsletters go out on March 15th, June 15th, September 15th and December 15th of each year.

Copies of our Newsletter can now be found on Facebook: Kamloops Jodo Shinshu Buddhist Templ

KAMLOOPS BUDDHIST TEMPLE CALENDAR FOR 2017

June 4th Jorei 10:30 am, Board Meeting 1:00 pm

June 18th June & July Shotsuki 10:30 am June 20th D&L Music Summer Concert

June 25th Vernon Obon 3:30 pm

July 2nd Service Cancelled Board meeting 1:00 pm

July 9th Kelowna Obon 3:00 pm July 16th Kamloops Obon 3:30 pm

August 6th Jorei 10:30 am

August 20th Shotsuki 10:30 am, Board Meeting 1:00 pm

August 27th BCISBT AGM 10:00am in Vernon

September 3rd Jorei 10:30 am

September 17th Ohigan/Shotsuki 10:30 am, Meeting 1:00 pm

September 23th 24th BCJSBTF Convention in Fraser Valley.

September 30th Fall Bazaar

October 1st Jorei/Shotsuki 10:30 am

October 15th JSBTC day 10:30 am, Board meeting 1:00 pm

November 5th Jorei 10:30 am

November 18th Chow Mein Sale

November 19th Shotsuki 10:30 am, Board Meeting 1:00 pm

December 3rd Bodhi Day 10:30 am December 16th Year End Party 5:00pm

December 17th Shotsuki 10:30 am, Board Meeting 1:00 pm

July 2nd service CANCELLED

The Jorei service scheduled for July 2^{nd} has been cancelled, as Miyakawa Sensei will be in Winnipeg for their Obon Service.

The Web of Life

It is already summer, and Obon is just around the corner. At Obon we rejoice in the awakening awareness of the interconnectedness of all beings, past, present and future. It is an opportunity for us to express our gratitude, not only to our ancestors, but to all who have contributed to life and who have passed on to the Pure Land.

Within the next two months. Obon will be celebrated in five communities within the BC Interior. Some will travel long distances to attend Service in the Obon more communities. An additional source of enjoyment for us is the chance to experience the scenery of the beautiful BC Interior. Driving through some of the smaller communities, we are also fortunate to see many kinds of wildlife, such as bears, moose, foxes, covotes, and all kinds of birds, like eagles. and osprey. All those living beings are regarded as brothers and sisters in the First Nations stories and fables. We living beings are all inter-related and all have important roles in the great drama of life.

When I see the diversity of wildlife, I am reminded that all are inter-related and interconnected in nature. Not long ago, I saw the wellknown film The Power of Nature which describes intricate ecosystem within Yellowstone National Park. Did you know that in the 1930's all the wolves, who were at the top of the food chain, were killed off by hunters to try to increase the number of other animals that the wolves preved This disturbed the delicate balance of nature within the ecosystem, and a chain of events began to occur. With the wolves gone, the elk and deer populations flourished. The elk were not pressured to move around in winter, and browsed heavily on the willows. This created a crisis for the beavers who needed the willows to survive the winter. As a result, there were pools of stagnant water. Over time, the fish gradually disappeared, the trees didn't grow, and the migratory birds were gone. The bears had no berries to eat, and their numbers dropped dramatically they too disappeared.

In 1995, wolves were re-introduced into Yellowstone park. The changes that began to happen were amazing. The wolves began preying on the elk and deer in the valley whose numbers had built up over the years. The deer began avoiding the valleys, where they could become trapped by the wolves. The vegetation, which had

previously been grazed away to almost nothing, began to grow again. Over time, the valley became refurbished by trees. some growing to 5 times their previous size. Migratory birds gradually became attracted to the trees. Beaver colonies began to increase, and again beavers built beaver dams. There were lots of amphibians, and the otters and small mammals slowly returned.

The wolves were active and they killed not only deer and elk, but also coyotes. This resulted in more rabbits, mice and small animals. These were also sought for food by the eagles and ravens, who feasted on the carrion. There were more berries on the flourishing bushes, and these provided food for the bears.

The wolves killed deer, but they also brought about several significant changes in the Rivers began to show less soil environment. erosion and less meandering. With the introduction of the wolves to the ecosystem in Yellowstone Park gradually became 1995. transformed. Amazingly, the wolves not only transformed the ecosystem, but also indirectly transformed the river system. All in all, the presence of wolves triggered a cascade of effects among animals and plants that is still continuing to unfold.

Indeed, in our world, all living beings are interrelated, and we have a responsibility towards all living beings -our plants, birds, insects, and animals.

Shinran Shonin once said, in one of his letters "Amida Buddha fulfills the purpose of making us know the significance of nature"

Also, I am reminded of the famous speech of the great Aboriginal leader, Chief Seattle, who spoke these words, "Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect."

As Obon celebrations begin, within our communities, let us be mindful of the lives of all living beings. We are all a part of earth's existence. Each one of us plays a truly unique role in the great web of life. Let us be forever grateful and humble to be a part of this intricate world.

In Gassho, Rev. Yasuhiro Miyakawa

Condolences

Our deepest condolences are extended to Kaye Kaminishi and family in the passing of beloved wife, mother and grandmother, Florence on April 6, 2017.

Flo was a long time member of our temple and the Fujinkai, active until earlier this year.

Flo would have celebrated her 93rd birthday this June.

A memorial service was held at the temple on May 1, 2017. We will miss and remember Flo with many fond memories.

61st Keirokai held - April 2, 2017

Did you know that in Japan, "Keiro-no-hi" is a national holiday in September to celebrate and show respect to their senior citizens?

We honored and celebrated our keiro at the temple on April 2 with a delicious turkey dinner prepared by the Fujinkai ladies. MC Daniel Heslop informed us that it was the 61st Keirokai held at the temple. The crowd was small but four seniors were acknowledged for marking their 77th and 88th birthdays this year. "Congratulations" to Alice Tateishi, Irene Maeda, Betty Hirowatari and Tosh Takenaka for achieving this milestone.

A very special couple, Eddie & Kay Hori were surprised with an anniversary cake to help celebrate their 60th Wedding Anniversary on April 20th. The delicious cake was made and decorated by Tomi Wakabayashi. The cake was topped with photos of Eddie & Kay on their wedding day and a more recent photo of the couple. We tried to get a kiss out of them but Eddie seemed to be preoccupied!

The evening continued with door prizes and Bingo manned by Dana Turner and Lance Yamada.

To all of our keiro members, we wish you continued good health and happiness!

Spring Chow Mein Sale Report

The spring chow mein sale was held on Saturday, March 25th.

A huge "thank you" for a job done well by so many members and volunteers. We are ever so grateful for all the long hours and energy given to this fundraiser. It is a ton of work and I'm sure that everyone was very tired! I know that some us just sat and "vegged" the next day. "Yoisho, yoisho, koshi ga itaina!"

Our goal was to make and sell 2500 servings of chow mein. There were 2617 servings

made in total. A number of tickets were returned, unsold but we were able to sell the frozen chow mein after the sale day. "Thank you" to Helen Sawada and George Uyeda at the Cultural Centre for pushing the last of the sales. We really appreciate this effort.

The **fall bazaar on September 30** will have the mein for sale along with a smaller quantity of chow mein.

The fall chow mein sale is on November 18th and so we hope everyone will have a good rest before tackling another round of making chow mein.

Obon Service, July 16th

The Kamloops Obon service will take place on Sunday July 16th

In an effort to cut costs we will not have a guest Minister this year, and the service will be conducted by our own Miyakawa Sensei.

There will be a **Hatsubon service at the Temple at 10:30 am**, followed by **Cemetery services** beginning at 1:00 pm.

The **Temple Service takes place at 3:30 pm** followed by dinner and Obon Odori.

Odori practices are on Tuesdays at 6:30pm

Manju for Sale

The Fujinkai ladies will be making manju to sell as a fundraiser to support the "Raise the Roof" fund. A variety of yaki manju, mushi manju, mochi manju and mikasa manju (pancakes) will be available. Packages of 8 pieces of manju will be sold for \$6.00 or 6 for \$5.00.

All manju will be sold frozen but if you

would like it fresh, **pre-orders will be accepted** by calling Kay Hori at 250-3763112 or Anna Kato 250-376-3130 or email_
<u>ayoshida@telus.net</u>. We will contact you when it will be made.

Our first manju will be made on June 14th and 21st. Some packages will be available at the JC Cultural Centre.

News from Vernon.....

Obon will be on June 25th in Vernon with guest speaker Reverend Grant Ikuta. Rev Ikuta will be giving a public lecture on June 24th starting at 7pm.

Shojin Cooking Course ~ Vernon

A Shojin cooking course is being offered on June 21st from 7 – 9pm in Vernon. Shojin Ryori is vegetarian cooking that the Buddhist monks in Japan developed.

Cost is \$15 with proceeds to the JSCTC Ministers' Retirement Fund.

Limited to 30 spots and so please reserve your spot early by calling **Rose Okazaki at 250-542-2912.**





BC Jodo Shinshu Buddhist Temples Federation 2017 Vancouver Island Obon Cemetery Tour August 11 -13, 2017

'A Journey of Reconciliation and Celebration'

The BC Jodo Shinshu Buddhist Temples Federation is proud to announce the 2017 Vancouver Island Obon Cemetery Tour from Aug. 11 to 13th. 2017 is a significant year, not only because our nation is turning 150 years old, but it also signifies 75 years since the internment of Japanese Canadians. The forcible removal of Canadian citizens from Vancouver Island was the direct cause for many cemeteries being destroyed and desecrated. Following WWII, in 1967, as an act of reconciliation, the BCJSBTF along with the NAJC and other local organizations gathered the headstones strewn about at the Cumberland Japanese Canadian Cemetery site and brought them all together to form a central memorial monument. Cemeteries in other towns such as Chemainus, and Port Alberni would follow suit.

This year marks the 50th Anniversary for the erection of the monument in Cumberland. As one of the highlights of this year's tour, we will be co-hosting a special dinner on Friday, August 11th with the Township of Cumberland celebrating the friendship created from the time the Memorial Monument was erected.

Other highlights include visiting the cemeteries in Nanaimo, Chemainus, Duncan and Ross Bay Cemetery in Victoria. For the past several years, the Victoria Nikkei Community Society has been hosting a Bon Festival following the service at Ross Bay and we will also be participating in their festivities.

Please join us on what will be a most memorable journey.

Registration Form

Registration Fee: \$375.00 per person (based on double occupancy and 40 people registration. Price may fluctuate depending on final number of participants)

- Included in the fee are: Return Bus Fare from Steveston Temple, Ferry Fees, 2 nights hotel accommodations, most meals (Friday lunch and Sunday breakfast not included)
- Detailed schedule for the weekend is attached to this application form.

Registrants (Nai	mes):	 	
Address:			
Telephone:			
Email:			
Temple:			

Deadline for receiving applications will be June 20, 2017 as we are booking a block of rooms in Courtney and Nanaimo and the hotels have set a booking deadline for us to receive the special rate.

Please fax registration form to Steveston Buddhist Temple, Attn: Rev. Grant Ikuta (604) 273-0313) or email: rev.ikuta@steveston-temple.ca. Cheque payable to Steveston Buddhist Temple, 4360 Garry Street, Richmond, BC, V7E 2V2, Tel: (604) 277-2323 by June 20, 2017.

Sponsors & Supporters: BCJSBTF, Steveston Buddhist Temple Fujinkai, BCJSBTFWA, Cumberland Township, Comox Valley Nikkei Community, Sands Funeral Home in Nanaimo, Victoria Nikkei Community Society, Victoria Old Cemetery Society

Jodo Shinshu Buddhist Temples of Canada AGM

On April 22nd and 23rd the JSBTC held their annual general meeting in Toronto.

At that meeting a new board was elected consisting of:

President: Dave Ohori

Vice President: Larry Wakisaka Secretary: Deborah Campbell

Treasurer: Greg Chor

Upcoming AGM's:

On August 27th, members of the Kamloops Buddhist Temple board of directors will travel to Vernon and join with directors from the Kelowna and Vernon Temples for the BC Interior Shin Buddhist Temples annual General meeting.

On September 23rd and 24th the BC Jodo Shinshu Buddhist Temples Federation convention and AGM will be held for the first time at Fraser Valley Buddhist Temple.

Thank You for Your Support

At the recent JSBTC Annual General Meeting hosted in Toronto, the Women's Federation made a very sizable donation of \$120,000. To the Ministers' Retirement Fund. The funds were proceeds raised through the very successful World Buddhist Women's Convention held in Calgary in 2015. Also at the AGM, the Toronto Buddhist Church made a generous donation towards the Ministers' Retirement Fund. Both of these donations were due in part of the ongoing efforts of the JSBTC to promote the importance of providing long term security for our dedicated ministers who have spent a lifetime spreading the Nembutsu teachings at temples across Canada.

On behalf of the Ministerial Association as well as those ministerswho are already beginning to receive the benefits from the Ministers Retirement fund, I would like to express our deepest gratitude to the Women's Federation, to the Toronto Buddhist Church, to the JSBTC and to all the individuals who have contributed to this fund. Your contribution and ongoing effort is truly appreciated by all of the ministers, both those who are currently serving our national organization and those who have already retired.

In Gassho.

Rev. Grant Ikuta, Chairperson

JSBTC Ministerial Association

British Columbia

Jodo Shinshu Buddhist Temples Federation

2017 Post Secondary Scholarships

The British Columbia Jodo Shinshu Buddhist Temples Federation awards two Post Secondary Scholarships annually.

These scholarships are open to any resident of BC who:

- Is a full-time student attending a recognized post-secondary institution and enrolled for this coming fall semester in a program leading to a degree, diploma, or certificate; and
- Participates in religious/spiritual events and activities through a church, temple, or other recognized religious group.

For more information, or to have an application emailed to you, please contact Lori at scholarships.bcjsbtf@gmail.com

Deadline for applications is August 15, 2	2017	

"Raise the Roof" Fund

The 'Raise the Roof' fund is growing slowly. There is a total of \$9075.00 in the account, almost half way to our goal of \$20,000!

As a fundraiser for the roof fund, the Fujinkai ladies will be making a variety of manju to sell throughout the year. Packages of 6 manju for \$5 and 8 for \$6. will be made and frozen to sell. Pre-orders are welcomed. Please contact Kay Hori 250-376-3112 or Anna Kato 250-376-3130 or email ayoshida@telus.net.

Some fundraising thoughts or ideas are "bento take out" sales, cookbooks or calendars. Any ideas that you may have for fundraising for the temple roof would be appreciated. Our aim is to replace the roof next year, in 2018.

Camp Lumbini 2017

Memo To: All JSBTC Ministers, Temple Presidents and Dharma School Leaders

Toronto Buddhist Church (TBC) members and their families have been fortunate to have access to our summer rustic cottages which consist of three cabins known as Camp Lumbini at beautiful Wasaga Beach, Ontario which is on the shores of Georgian Bay. The cottages are located approximately 1-1/2 hours north of Toronto and are within a short 5 minute walk to the beach. These cottages were built and have been maintained by our temple members.

This year, TBC is inviting children and youth (on a first come, first served basis) from fellow member temples of the JSBTC to join our children and youth. The camp dates this year are Sunday July 30th to Saturday August 5th for those aged 8 to 15. Our children and youth have been enjoying Camp Lumbini since 1964 and we want to open and welcome fellow Jodo Shinshu children and youth to join and share in the fun and experiences together. It will be a wonderful opportunity for our children and youth to develop lasting friendships across our Canadian Kyodan.

It will be a fun filled week with activities connected to Dharma Teachings. The theme this year will be "Amida Buddha Accepting Oneself". Our Ministers will be present during the week along with temple adults and youth and young adult camp counsellors. Activities will include going to the beach, canoe/kayaking, mini golf, bowling and crafts. All meals and activities are included in the fee.

Every year it is our goal to provide a safe and friendly environment which fosters leadership and teamwork development, acceptance of individual differences and values and to provide an opportunity for all individuals to participate in healthy recreational activities regardless of individual skill levels and to also impart and practice Jodo Shinshu Dharma Teachings. Transportation to/from Toronto will be at the expense of the camper. We can discuss the return transportation from Toronto to Camp Lumbini for interested parties.

We have included attachments with registration and other relevant forms. We ask that registration application forms be completed and returned with payment no later than July 15, 2017.

Please feel free to contact the undersigned if you have any questions.

Please circulate this invitation to members of your congregation and TBC looks forward to meeting and welcoming children and youth from your respective temples this summer!

With Gratitude and in Gassho,

Michael Tamaki, TBC Director email: michael.m.tamaki@gmail.com

Larry Wakisaka, TBC President email: larry.wakisaka@gmail.com

Kamloops Buddhist Temple *Please contact Daniel Heslop or Anna Kato for registration forms.

Donations List

We gratefully acknowledge the following for their generous donations for March – May 2017.

March Eitaikyo \$130.00

Tak Kitamura Martha Sugiyama Sumiko Kitagawa Tomi Wakabayashi

March Shotsuki - \$355.00

Kathy Yamada
Maion Motokado
Barry & Anna Kato
Rob & Kathy Kuroyama
Gail & Ken Jefferies
Kazuko Kobayashi
Junkichi & Hiroko Shidei
Cory & Vicki Metz

Tomi Wakabayashi
Louise Kotani
Sakaye Kotani
Jane Yabuki
Stan & Kaz Kato
Fran & Tosh Takenaka
Katherine Mason
Rick & Maureen Nakashimada

Special Donation - \$200.00

Kay & Eddie Hori - in lieu of membership

April - Special Donations - \$100.00

Roy & Marie Tahara Terry & Sets Sakaki

Hanamatsuri - \$720.00

Sylvia Fukami
Junkichi & Hiroko Shidei
Kazuko Kobayashi
Barry & Anna Kato
Dana & Elizabeth Turner
Jim & Alice Tateishi
Tosh & Fran Takenaka
Kathy Yamada
Tomi Wakabayashi
Irene Maeda

Kaye Kaminishi
Dennis & Diane Hori
Marion Motokado
Maureen & Rick Nakashimada
Kay & Eddie Hori
Roy & Marie Tahara
Terry & Sets Sakaki
K Chiba
Sakae Kotani

April Shotsuki - \$80.00

Frank & Vi Sakaki Mariko Shirato F & S Nabata R & M Nakashimada

Mariko Shirato

Special Donation - \$9.51

Canada Helps Organization

May – In Memory of Florence Kaminishi - \$5,013.83

May Shotsuki - \$430.00

George Uyeda W & B Yoshida Katsumi & Eiko Tabata Mr & Mrs Shuji Tabata Tosh & Donna Tabata Shizuko Tomiyama Shirley Nakashima Terry & Sets Sakaki
J & H Shidei
Larry & Mae Doi
Eddie & Kay Hori
Anna & Barry Kato
Gordie & Edna Miyahara

Eitaikyo - \$325.00

Shirley Nakashima James & Satoe Motokado Bill & Julie Turley Terry & Sets Sakaki Irene Maeda Kaz Kobayashi Kathy Yamada
Barry & Anna Kato
Eddie & Kay Hori
Tosh & Fran Takenaka
Wayne & Bonnie Yoshida
Tosh & Donna Tabata

Special Donation - \$200.00 D & L Music - Coffee House

Gotanye Service - \$570.00

Kaye Kaminishi R & M Nakashimada K & K Chiba Toshiko Maeda E & K Hori Shizuko Tomiyama T & S Sakaki Sakaye Kotani Kaz Kobayashi Kathy Yamada Irene Maeda Tomi Wakabayashi Alice Tateishi B & A Kato D & E Turner T & K Isobe Fujinkai

Roof Fund - \$9075.00 (goal: \$20,000.00)

Roy & Marie Tahara Mr & Mrs K Chiba Flo & Kaye Kaminishi Toshiko Maeda Makiko Yamamoto Barry & Anna Kato E Miyasaki B Hatanaka Lance Yamada Shizuko Tomiyama Sakae Kotani Jessica Nakashimada New Gold Inc Eddie & Kay Hori Terry & Sets Sakaki

JUNE SHOTSUKI (monthly memorial service):					
1949	Miyahara, Hatsumi		Kitagawa,	1984	Tsuji, Sadao
1950	Okamoto, Kotaro	Sueki	•	1986	Hirowatari, Yu
1951	Kurisu, Kikusaburo	1970	Uyeda, Tsunehiko	1988	Tanaka, Tamezo
1951	Kondo, Asanosuke		Kobayashi,	1993	Sugiyama, Isamu
1953	Nabata, Nou		Ishisaburo	1998	Nishimura, Gunzo
1953	Miyazaki, Takahiko	1979	Nishizaki,	2005	Maeda, Mikie
1963	Omatsu, Tome	Kyush	niro	2007	Miyahara, Sadako
1964	Oikawa, Tane	1980	Takenaka, Katsu		•
JULY	SHOTSUKI (monthly memor	rial serv	vice):		
1939	Iwasaki, Otomatsu	1956	Nogami, Kiku	1986	Nishizaki,
1947	Miyahara,		Suginobu, Keizo		Yosomatsu
	Sugematsu	1961	•	1991	Otsubo, Tokuichi
1948	Nakashimada,		Jisaburo	1998	Kobayashi, Shizue
	Kakutaro	1963	Yoshida, Chiyoki	2000	Maeda, Hideo
1950	Kobayashi, Harumi		Kuromi, Ryuji	2005	Yamada, Sho
1950	Kato, Kintaro	1981	Kotani, Shima	2011	Yoshida, Yoshio
1954	Motokado, Kiyoshi				
AUGL	JST SHOTSUKI:				
1950	Nabata, Heitaro	1978	Tsuchiya, Chiye	1996	Shishido, Masae
1953	Tani, Ryoichi	1982	Moriyama, Kingo	1998	Yokome, Haruka
1956	Tazawa, Torajiro	1984	Yabumoto,	2000	Yamada, Shintaro
1956	Nabata, Takeo	Oshin	na	2004	Kitamura, Sue
1963	Abe, Hisae	1985	Nishiguchi, Yosh	2005	Nogami, Tomoyuki
1973	Yabuki, Yoshi	1989	Yamamoto,		(Tom)
1975	Yamasaki, Hideno	Sadako 2009 Omatsu, Torazo		Omatsu, Torazo	
SEPT	EMBER SHOTSUKI:				
1948	Kamachi, Reiko	1979	Araki, Ayako	1998	Nishimura, Ichihei
1954	Kinoshita, Umekichi	1982	Sakaki, Tetsuo	2001	Tanaka, Fujiye
1957	Takenaka, Sutekichi	1992	Kitagawa, Moto	2002	Kuroyama, Fumito
1978	Urano, Hayame	1993	Yamada, Kikuye	2007	Nukina, Saki
OCTOBER SHOTSUKI:					
1948	Isojima, Yaeno		1983 Maeda, Sh	nio	
	Kinoshita, Harry		1984 Uyeyama,		
1951	•		1986 Tabata, Ma		
	Yoshida, Mitsu		1989 Kitagawa,		
	Maeda, Takeshi		1993 Nishimura		
	Shibata, Minoru		1997 Omatsu, A		
	Tsuji, Tatsu		1997 Hayashi, C	•	
	Maeda, Tahei		2001 Yamakawa		n
	Nishimura, Yoshio		2004 Nukina, M		
	Yoshioka, Fumi		2001 Hamma, IVI	IVIII	





Kamloops Jodo Shinshu Buddhist Temple

MEMBERSHIP 2017

\$100 per person

NAME:	
ADDRESS:	
PHONE #:	CELLULAR #:
EMAIL ADDRESS:	
PAID:	DATE RECEIVED:
PAYMENT RECEIVED BY:	

Please contact Anna Kato @ ayoshida@telus.net if you wish to received your Newsletters via email. Thank you.