

Kelowna Buddhist Temple

The New Dharma Express

PO. Box 22092, RPO Capri Centre Kelowna, B.C. V1Y 9N9 phone 250-763-3827
www.kelownabuddhisttemple.org

Special points of interest:

- Thur., Feb. 1 - T.S.S. Meditation ~ 10am - 12:30pm
- Fri., Feb. 2 - T.S.S. Meditation ~ 10am - 12:30pm
- Wed., Feb. 7 - T.S.S. Meditation ~ 10am - 12:30pm, **Cooking Demo ~ 7pm (Oyako & Katsudon)**
- Thur., Feb. 8 - T.S.S. Meditation ~ 10am - 12:30pm, Executive Meeting ~ 7pm
- Fri., Feb. 9 - T.S.S. Meditation ~ 10am - 12:30pm
- Fri., Feb. 9 - Mein Making ~ 5:30pm - 9pm
- Sat., Feb. 10 - Mein Making ~ 8am - Finish
- Sun., Feb. 11 - Dharma School, Dharma Shotsuki and Women's Association Memorial ~ 10am
- Wed., Feb. 14 - T.S.S. Meditation ~ 10am - 12:30pm, **Cooking Demo ~ 7pm (Yaki Manju & 3 kinds of Mochi Manju)**
- Thur., Feb. 15 - T.S.S. Meditation ~ 10am - 12:30pm
- Fri., Feb. 16 - T.S.S. Meditation ~ 10am - 12:30pm

Monthly Memorial

Mr. Yataro Tabuchi
Mr. Junji Arima
Mrs. Shige Wakita
Mr. Yoshikuma Arima
Mr. Jinshichi Kitaura
Master Yoshio Tamaki
Mr. Senzaemon Nakayama
Mr. Tohtaro Tokunaga
Mr. Kisaku Hayashi
Mr. Hidenosuke Kawano
Mr. Kankichi Onodera
Mr. Hideo Ishikawa
Mr. Louis Bourassa
Mrs. Sumako Itani
Ms. Eileen Hokazono
Mrs. Michiko Tahara
Mr. Toshio Yamaoka

Clean-up Altar Toban

Rick Suzuki/Peggy Tanaka
Janice Richardson
Lorne Terada
Mark Smed
Tim/Sandy Tahara
Jack/Dar Yamaoka
Ruby Eikenaar
Julie Mori
Geri Nishi
Junko Charpentier
Maureen Hatanaka

Inside This Edition

Sensei	2
Temple Executive, Vehicle Replacement, HELPI Nirvana Day (Nehan-ye)	3
Calendar	4
Donations	5 & 6

2018 Spring Chow Mein Fundraiser

Prep days March 1, 2, 3 & 4th (order cut off - March 1)

Pick up, March 4th - 1p - 3pm

CHOW MEIN \$9.00; SUSHI (Ageth & California Roll) \$5.50; & GYOZA \$4.00

Order kbtchowmein@gmail.com or call 250-860-2980



- Sat., Feb. 17 - Keirokai Supper ~ 5pm
- Wed., Feb. 21 - T.S.S. Meditation ~ 10am - 12:30pm, **Cooking Demo ~ 7pm (TBA)**
- Thur., Feb. 22 - T.S.S. Meditation ~ 10am - 12:30pm
- Fri., Feb. 23 - T.S.S. Meditation ~ 10am - 12:30pm

- Sun., Feb. 25 - Dharma School, Nirvana Day Services ~ 10am
- Wed., Feb. 28 - T.S.S. Meditation ~ 10am - 12:30pm, **Cooking Demo ~ 7pm (TBA)**



Service Chairpersons

February 11

Alan Yamaoka
Dharma School,
Dharma Shotsuki and
Fujinkai Memorial
Service 10am



February 25

Michael Martin
Dharma School and
Nirvana Day Services
10am



From Sensei

The Strong Winds of Life

2018 is already well under way, and many of us have started to make plans for the months ahead. The early days of January 2018 have already been eventful, with the news of a false alarm of a nuclear attack in Hawaii, and also Japan, with events covered by the news media. There have been a number of shocking stories reported throughout the world that have created additional anxieties to the everyday life of ordinary people, such as the wildfires and mud slides in California, the persecution of cultural and racial minorities in the USA, the threats of demolishing NAFTA, and so on. We try not to be influenced by the "breaking news events" that inundate us through the mass media that reach us and our families constantly within our homes.

At a family level, we all have our own stresses and concerns in life, and somehow our everyday lives have become more complex and complicated. Through the improvements in communication technology, we hear of events that occur in distant counties and we are instantly faced with feelings of unpredictability about the future. Living with stress is part of everyday experience, indeed our parents and grandparents' generations were faced with coping with the stresses of war and racial discrimination, as well as their own financial concerns about making ends meet.

As we hear the Buddha's teachings, how do we cope with these challenges throughout the coming years? Fortunately, Shakyamuni Buddha lived a long and full life of 80 years, unlike many spiritual leaders who died at relatively young ages. As a result, we can look at his life of many long years and see the examples he left for us. Throughout his own life, the Buddha spoke about the many social ills of his day. The problems he saw are also problems of today. Some have said "the nature of human delusion has not changed." The remedies that Shakyamuni Buddha offered are strongly related to our everyday life. We have many of the same problems that existed during his time, such as discrimination and racism, and the division of rich and poor that we see in the current events of today's television news. Indeed, the Buddha would have no difficulty recognizing our present world. The ills that he was concerned about are as prevalent in our contemporary world as they were during his time.

Within our own Buddhist community, our forefathers and mothers looked to our Temple communities for guidance and solidarity. Over the years, they worked hard, and supported one another. They valued the three treasures of the Buddha, the Dharma teachings and the friendships of the Sangha. Within the Temples they found the safety and acceptance of the Buddhist community, and in their new homeland of Canada which still felt somewhat alien and foreign to them, the Temple and Sangha became a refuge. With the strengths that they derived from the Buddhist community, and a new sense of belonging, they nurtured their families, built their beautiful Temples, and contributed significantly to the larger Canadian society.

When I think of the history of our Buddhist community, I think about the great sequoia tree. A few years ago, while on a tour of California's giant sequoias, the guide told us that the sequoia tree has roots that are just barely below the surface. As we looked up at these mighty trees that towered over us, we were all surprised, that such a tall gigantic tree could withstand the strong winds that were typical of the area. Someone asked the guide "if the roots don't grow deep into the earth, will the strong winds blow the trees over?" The guide replied, "Not sequoia trees. They grow only in groves and their roots intertwine under the surface of the earth. So, when the strong winds come, they hold each other up." I feel that, in a sense, people are like the giant sequoias. Family, friends neighbors, and Temple Sangha are not yet so deeply rooted in the Canadian soil. However, together they have coped with many adversities and challenges. They have been able to establish their existence here in Canada. It is now our turn to learn from them. This can help us grow together and feel protected from the strong winds of life. On February 15th we will celebrate Nirvana Day. This is the day on which Shakyamuni Buddha at the age of 80 years passed into complete Nirvana, leaving his earthly form behind. Let us be mindful of the Buddha and his teachings of the three treasures, Buddha, Dharma and Sangha which enrich our lives.

Throughout his own life, the Buddha spoke about the many social ills of his day. The problems he saw are also problems of today. Some have said "the nature of human delusion has not changed." The remedies that Shakyamuni Buddha offered are strongly related to our everyday life.

In Gassho, Rev. Yasuhiro Miyakawa



Mein Making

February 9, 5:30pm - 9pm

February 10, 8am



Please mark your calendar as we require all of your help. Please come out and pitch in for our Spring

Mein Making work party.

Many hands lighten the load!

SAVE THE DATE FOR A WONDERFUL CHANCE TO HEAR THE
DHARMA,

WITH KEYNOTE SPEAKER:

REV. DR. KENNETH TANAKA SEPTEMBER 8TH AND 9TH, 2018

BRITISH COLUMBIA JODO SHINSHU BUDDHIST TEMPLES
FEDERATION CONVENTION

VERNON, BC.

REGISTRATION INFORMATION WILL BE DISTRIBUTED IN FEBRUARY, 2018 CONTACT :
CAMERON37@SHAW.CA



From the Temple Executive

As we begin 2018, I'd like to introduce the members of the Temple Board of Directors for this year.

Pegi Hayashi - Uyeyama - President, Alan Yamaoka - Vice President, Joyce Favell - Secretary, Derek Mayeda - Treasurer, Genevra Cavanaugh - Religious Chairperson, Rick Suzuki - Naijin Chairperson, Charlene Caruso & Maureen Hatanaka - Social Coordinators, Jack Yamaoka - Maintenance, Barb Yamaoka - Membership Chairperson, Herb Tanaka - Newsletter. There remains one position on the Board to be fill.



Thanks to new Board members Charlene Caruso and Maureen Hatanaka for accepting positions and Derek Mayeda for returning after a short absence. The members of the board are always looking for input from the general membership, please feel free to approach any of us with suggestions, questions or concerns.

The dates for the Spring Chow Mein fundraiser have been set for March 1, 2, 3 & 4th. Please set some time aside in your schedules to lend a hand. This is a major source of funding for the operation of our Temple. Membership and sustaining fees do not come close to filling our needs. In the near future, we will be mailing financial statements to the membership. We feel it is important to keep everyone informed about the operation of our organization.

With the knowledgeable leadership of Reverend Yasuhiro Miyakawa and Okusan, Dr. Valerie, we are looking forward with a great deal of enthusiasm, to another busy and successful year, under Amida Buddha's guiding light.

Thank-you for your support.

In Gassho, Herb



Reminder

During the B.C. Interior Shin Buddhist Temples AGM, which was held in Vernon in August of last year, the decision was made to begin fund raising to replace Sensei's vehicle in order to ensure his safety as he travels through his vast territory. The current Van is a 2011 model with 160,000 km. We would like to have the funding in place to purchase a new vehicle when the time comes. If you haven't already done so, please consider contributing to this important effort.

Thank-you

HELP NEEDED!

Our Temple has enjoyed the good fortune of having International Students from Okanagan College volunteer at many of our fundraisers. The students must complete a set number of volunteer hours as part of their studies in Canada. Unfortunately, they are in a transition period now and have completed their hours and may not be available to assist us with our upcoming Apple Pie Making, Mein Making and Chow Mein projects. Without their help, we would have been in dire straits over the past projects. Please come out and pitch in with these important fundraisers. Our Temple depends on the funds raised to survive. We'll need all able bodied members to get involved. It's a great opportunity to make new friends and get re-acquainted with some of your old ones.

Thank-you

Nehan-ye (Nirvana Day)

On 15th February, Sakyamuni Buddha passed into Pari-nirvana. To remind us of His noble teachings and paying our tribute and follow the way that He has laid down for us, the Nehan-ye service is held. The followers of Jodo Shinshu revere Sakyamuni Buddha because He is the manifestation of Amida Buddha on this earth.



February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>28</p>  <p>Dharma School, Goshoki Hoonko & Installation of Officers 10am, Fujinkai Shinbokuikai (New Year's Party) to follow.</p>	<p>29</p> <p>Taiko Practice 7pm</p>	<p>30</p> <p>Pie making, 8am</p>	<p>31</p> <p>Cooking Demo, 7pm (gluten free gyoza)</p>	<p>1</p> <p>TSS Meditation 10am - 12:30pm, Taiko Practice 7pm</p>	<p>2</p> <p>TSS Meditation 10am - 12:30pm</p>	<p>3</p>
<p>4</p>	<p>5</p> <p>Taiko Practice 7pm</p>	<p>6</p>	<p>7</p> <p>TSS Meditation 10am - 12:30pm, Cooking Demo 7pm (Oyako & Katsudon)</p>	<p>8</p> <p>TSS Meditation 10am - 12:30pm, Director's Meeting, Taiko Practice 7pm</p>	<p>9</p> <p>TSS Meditation 10am - 12:30pm, Mein Making 5:30 pm - 9pm</p>	<p>10</p> <p>Mein Making 8am - Finished</p>
<p>11</p> <p>Dharma School , Dharma Shotsuki and Fujinkai Memorial Service 10am</p>	<p>12</p> <p>Taiko Practice 7pm</p>	<p>13</p>	<p>14</p> <p>TSS Meditation 10am - 12:30pm, Cooking Demo 7pm (Yaki Manju & 3 kinds of Mochi Manju)</p>	<p>15</p> <p>TSS Meditation 10am - 12:30pm, Taiko Practice 7pm</p>	<p>16</p> <p>TSS Meditation 10am - 12:30pm</p>	<p>17</p> <p>Keirokai - 5pm</p>
<p>18</p>	<p>19</p> <p>Taiko Practice 7pm</p>	<p>20</p>	<p>21</p> <p>TSS Meditation 10am - 12:30pm, Cooking Demo 7pm (TBA)</p>	<p>22</p> <p>TSS Meditation 10am - 12:30pm, Taiko Practice 7pm</p>	<p>23</p> <p>TSS Meditation 10am - 12:30pm</p>	<p>24</p>
<p>25</p> <p>Dharma School, Nirvana Day 10am</p>	<p>26</p> <p>Taiko Practice 7pm</p>	<p>27</p>	<p>28</p> <p>TSS Meditation 10am - 12:30pm, Cooking Demo 7pm (TBA)</p>	<p>1</p> <p>TSS Meditation 10am - 12:30pm, Chow Mein prep ~ 6 - 9pm</p>	<p>2</p> <p>TSS Meditation 10am - 12:30pm, Chow Mein prep ~ 6 - 9pm</p>	<p>3</p> <p>Chow Mein Prep ~ 8am</p>

With Gratitude the Temple and all of its Affiliated Organizations
Acknowledge Your Generous Contribution and Apologies
for any Errors or Omissions.

Sincere apologies for omission in November Dharma Express.

In Loving Memory of Mr. Hisashi Kondo

Tanaka, M/M Shigeru and Naomi	\$200.
Kondo, M/M Tadashi	\$150.
Matsuyama, M/M David	\$50.

Correction: November Dharma Express donations should have been listed as:

Dharma Shotsuki

Kurahashi, Mrs. Shigeko - in memory of Husband \$30.

Newsletter

Kurahashi, Mrs. Shigeko \$30.

Tanaka, Chiyoko & Naomi	\$100.
Tahara, M/M Morio	\$100.
Whitney, Rocky & Ryoko	\$50.
Yamaoka, Ms. Carrie	\$40.

January Dharma Shotsuki

Tahara, M/M Morio - in memory of Mr. Sumio Tahara	\$25.
Tahara, M/M Morio - in memory of Mr. Rihachi Tomiye	\$50.
Tahara, M/M Morio - in memory of Master Sueo Tahara	\$25.
Yamaoka, M/M Alan - in memory of Mr. Iwajiro Yamaoka	\$50.
Hayashi-Uyeyama, Mrs. Pegi - in memory of Mr. Iwajiro Yamaoka	\$20.
Yamaoka, M/M Jack - in memory of Mr. Iwajiro Yamaoka	\$50.
Hayashi, Mrs. Shizue - in memory of Mr. Iwajiro Yamaoka	\$50.
Yetman, M/M Pat - in memory of Mr. Iwajiro Yamaoka	\$35.
Yamaoka, M/M Alan - in memory of Mr. Jinichiro Yokota	\$30.
Russell, Ms. Doreen - in memory of Jinichiro Yokota	\$100.
Hayashi-Uyeyama, Mrs. Pegi - in memory of Mr. Jinichiro Yokota	\$20.
Young, Mrs. Joan - in memory of Mr. Jinichiro Yokota	\$100.
Tomiye, Mr. Reg	\$75.
Richardson, Mrs. Janice - in memory of Mr. Morio Koga	\$50.
Koga, Mrs. Carol - in memory of Mr. Morio Koga	\$50.
Koga, M/M Bob - in memory of Mr. Morio Koga	\$50.
Koga, Mr. Gary - in memory of Mr. Morio Koga	\$50.
Terai, Mr. Isao - in memory of Mrs. Shige Terai	\$30.
Omae, Mrs. Shizue - in memory of Mr. Takashi Omae	\$100.
Kakuno, Mrs. Jane - in memory of Mr. Takashi Omae	\$50.
Ueda, Mrs. Amy - in memory of Mr. Ben Ueda	\$50.
Anonymous - in memory of Mr. Terry Hikida	\$20.
Anonymous - in memory of Mr. Morio Koga	\$30.
Yamada, M/M Ken - in memory of Mrs. Kikue Yamada	\$30.
Suzuki, M/M Tosh - in memory of Mrs. Fumi Suzuki	\$30.
Suzuki/Tanaka, Rick & Peggy - in memory of Mrs. Fumi Suzuki	\$40.
Suzuki/Tanaka, Rick & Peggy - in memory of Master H. Tomiyama	\$50.
Tomiye, Mr. Reg	\$50.
Tanemura, Mrs. Shirley	\$20.

December, 2017

Mayeda, Mr. Derek - donation of computer software to Temple \$257.42

Chow Mein Fund Raiser

Yamaoka, M/M Alan \$200.

Farmers Market

Yamaoka, M/M Alan \$200.

December Dharma Shotsuki

Anonymous - in memory of Mr. Yosh Terada \$50.

Terada, Mr. George - in memory of Mr. Yosh Terada \$50.

Wyatt, Ron & Beverly - in memory of Mrs. Ayame (Joan) Tanaka \$40.

Memorial

Tanaka, Mrs. Chiyoko - Mr. Shigeru Tanaka's 49 day \$300.

Yokota, M/M Ken - Mr. Jinichiro Yokota's 7 year \$100.

Tahara, M/M Jack - Newsletter in memory of Mrs. Sadako Iwasaki \$25.

Kelowna Buddhist Temple New Years

Hayashi, Pegi \$67.

Uyeyama, Hayley \$50.

Yamaoka, M/M Alan \$50.

Martin, Mr. Michael \$30.

Yamaoka, Ms. Carrie \$40.

Suzuki & Tanaka, Rick & Peggy \$70.

Membership & Sustaining

Tanaka, M/M Herb	\$350.
Kondo, Tadashi & Elaine	\$350.
Matsuyama, David & Linda	\$350.
Tanaka, Ms. Naomi	\$175.
Hayashi - Uyeyama, Pegi & Joe - balance of membership	\$100.
Yamaoka, Alan, Barb, Lisa & Carrie	\$800.
Ogi, M/M Teruo	\$400.
Dux, Mr. Larry	\$155.
Lacey, M/M Gord	\$350.
Tahara, M/M Jack	\$350.
Omae, Mrs. Shizue - In lieu of membership and sustaining fees	
	\$175.
Terai, Mr. Isao	\$175.
Stack, Mrs. Anne	\$175.
Suzuki, Mr. Rick	\$175.
Tanaka, Ms. Peggy	\$175.
Tomiye, Mr. Reg	\$175.
Koga, Mrs. Carol	\$175.
Richardson, Mrs. Janice	\$175.
Cavanaugh, Ms. Geneva	\$175.
Martin, Mr. Michael	\$175.
Addis, Mr. Danny	\$175.
Anonymous	\$175.
Anonymous	\$350.
Anonymous	\$340.
Yamaoka, M/M Jack	\$350.
Charpentier, Mrs. Junko	\$175.
Suzuki, Mrs. Toshiya	\$175.
Uemoto, M/M Kaichi	\$350.
Yamoaka, Mr. Brian	\$155.
Yetman, M/M Pat	\$350.
Tahara, M/M Tim	\$500.
Nishi, Ms. Geri	\$175.
Hatanaka, Ms. Maureen	\$155.
Caruso, M/M Randy	\$350.
Ewuk, Mrs. Meiko	\$175.
Tanemura, Mrs. Shirley	\$175.
Mitton, Mr. Wayne	\$250.

Building Fund

Yamaoka, M/M Alan - New Years to Building Fund	\$250.
Yamaoka, Mr. Brian	\$500.

Dharma School

Caruso, M/M Randy - New Years	\$40.
Caruso, M/M Randy	\$35.

Newsletter

Ohashi, Mrs. Hanako	\$75.
Tahara, M/M Jack	\$40.
Omae, Mrs. Shizue	\$50.
Yamaoka, Mr. Brian	\$50.

Sensei's Vehicle Replacement Fund

Hayashi-Uyeyama Mrs. Pegi	\$156.20
Yamaoka, M/M Jack	\$300.

General

Stack, Mrs. Anne - Obutsudan ornaments	\$15.
Anonymous	\$300.
Charpentier, Mrs. Junko	\$50.
Suzuki, M/M - in appreciation for Mochi	\$20.
Yamaoka, Mr. Brian	\$1000.
Cavanaugh, Ms. Geneva	\$50.
Nguyen, Loc	\$20.

For Sale

from 2017

**Chow Mein Price reduced to \$8.00 each.****Udon Noodles - \$5.00 each****Apple Pies - \$9.00 each****While supplies last!**

Legislation enacted by the Provincial Government restricts organizations from divulging personal information without the approval of the individuals affected. The donations generously made by Temple members and friends fall under the realm of personal information. Therefore, if you object to your donations being published in the Temple Newsletter, please let us know and we will cease doing so (Mail or Email your wish to be omitted from the published list). In Gassho, Temple Board of Directors