

Kelowna Buddhist Temple

The New Dharma Express



PO. Box 22092, RPO Capri Centre Kelowna, B.C. V1Y 9N9 phone 250-763-3827
www.kelownabuddhisttemple.org

Special points of interest:

- Wed. July 4, Cemetery Clean-up 6pm
- Thurs, July 5, Obon Odori Practice 7pm
- Sat. July 7, Temple Yard Clean-up 8am
- Sun, July 8, Cemetery Service 1pm, Obon, Monthly Memorial 3pm
- Thurs. July 19, Temple Executive Meeting 7pm
- Tues, Aug. 6, Chanting Marathon VBT
- Sun. Aug 26, Interior Shin Buddhist AGM Vernon 10am
- Sun. Sept 30, Monthly Memorial, Fall Ohigan & Eitaikyō 2pm

JULY Monthly Memorial

Mr. Tomijiro Tainaka
Mrs. Tane Nishimura
Mr. Suegoro Takamoto
Mr. Yushichi Tominaga
Mr. Kankichi Yamada
Mr. Masahei Takenaka
Mr. Tsunejiro Kitagawa
Mr. Hikojiro
Mrs. Masu Tainaka
Mrs. Tamiye Hikida
Miss Kinuyo Nishi
Mrs. Ume Tahara
Mrs. Kazu Mori
Mrs. Mitsuye Tainaka
Mrs. Haruye Tomiye
Master Tsutomu Uyeyama
Mr. Masatsuki Butch Ueda
Mrs. Suteo Yamaoka

AUG: Monthly Memorial

Master Jiro Yamaoka
Mr. Eisaburo Sato
Mrs. Ritsuko Musuda
Mr. Eijiro Shishido
Mr. Kuichi Jiyobu
Mrs. Kayo Terada
Mr. Kinosuke Hayashi
Mr. Kameji Iwasaki
Mrs. Tome Ueda
Mr. Iwamatsu Yamaoka
Mr. Riyomon Teramura
Mr. Shotaro Yamaoka
Mr. Kiyomatsu Yamaoka
Mr. Rick Wakano

Clean-up Altar Toban

July
M/M Herb Tanaka
M/M Gord Lacey
M/M Jack Hatanaka
M/M Nob Yamaoka
M/M Sam Sugie
M/M Manabu Azama
M/M Jay Hunter
M/M Don Favell
Ms. Dorothy Tanaka
M/M Joe Uyeyama
Mr. Brad Tanaka
Mrs. Toyoko Tamaki
Mr. Luke Mitton
Mrs. Dot Wakano
Mrs. Joan Kitaura
Mr. Paul Merckx
M/M Mark Gilbert

Aug/Sept
Mr. Rick Suzuki
M/M Alec Pelletier
Ms. Peggy Tanaka
Mr. Jack Ueda
M/M Morio Koga
M/M Yosh Terada
Ms. Karen Stewart
Mr. Harry Tonn
Mrs. Janice Richardson
M/M Rob Eikenaar
Mrs. Julie Johnson
M/M Minoru Mori
M/M Morio Tahara
Mr. Terry Hikida
Mr. Brad Diduck
Ms. Naoko Nakamura

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SEPT: Monthly Memorial

Mrs. Masao Yamaoka
Mr. Yonetaro Tainaka
Mr. Tomekichi Hikida
Mrs. Hatsu Koga
Master Eugene Shiosaki
Mr. Takeru Tanemura
Mrs. Tomo Kitamura
Mrs. Yuki Nishi
Mr. Koichi Hayashi
Mrs. Tomiye Yokota
Mr. Joseph Hattori

Welcome Banquet for Obon's Guest Minister Rev. Greg Gibbs from Oregon Buddhist Temple Sat. July 7th 6pm, please call any Temple Executive Member to reserve a spot at the table. In Gassho

From Rev. Y. Miyakawa: The Courage for Everyday Life

We live in a world in which we have to cope with challenges and difficulties. Life is not easy. Sometimes we are fortunate and things go our way; but often we have to go through very difficult times. Although better off collectively than most nations in the world, as we look around us, we can see poverty and desperation, emptiness and desolation. The Buddhist saying “life is suffering” is a fundamental proposition of the Four Noble Truths of our Buddhist teachings.

In the midst of our everyday hardships and irritations, perhaps we can draw on the lives and experiences of our immigrant forefathers for inspiration. No doubt, they had to cope with so many difficulties. Each one of us can probably reflect on some of their stories. Their lives, spanning the past century were not easy. Yet in retrospect, those years were probably regarded as the “good old days.”

From life’s perspective, every difficulty and hardship that they experienced ultimately impacted on our own lives. Those events have led us to where we are today. Sometimes things that at first glance may have been regarded as negative, eventually led to changes for the better.

There is an old story about a man who lived in China who raised horses for a living. When one of his most valuable horses ran away, many of his friends visited his home to sympathize with his loss. However, to their surprise, the man did not seem to be all that concerned. He just quietly said “It looks bad, ---but how do you really know whether what happened is bad or good?” A few days later, he was surprised when the runaway horse returned home, bringing several strays following along behind. The same friends came to his house – this time to celebrate his good fortune. But the man seemed to be unmoved, indeed his response was much as before. Again he asked them “but how can we know whether it’s good or bad?”

That same afternoon the owner’s son was kicked by one of the horses, and his leg was broken. Once again, friends expressed their concern over the incident. “I appreciate your concern” the old man said “---but in the long run, how do I know if it’s bad or good?” Not long after these events, war was declared, and all young able-bodied young men were recruited for the army. The man’s son, however, was exempted from duty, because of his injury. Friends reflected on the events, commenting “how fortunate for him”- but this story continues to

unfold as time goes on. You can easily see how this story could go on and on. Indeed, from our limited human perspective, it is almost impossible for us to know how to interpret the experiences of life.

In many ways, our lives are so much easier than those of our forefathers. We have more financial security, and a better quality of life. Yet these things do not translate into an ability to live better, or more satisfying lives. In countries like Bhutan, more than 90% of the people report feelings of happiness. Interestingly, Bhutan, is one of the poorest countries in the world. In looking into the possible explanations for this, I discovered many interesting things about the people of Bhutan. Since 1972, Bhutan pledged their commitment to building a national economy that would serve the country’s unique culture - a culture that is based on Buddhist spiritual values. They developed the concept of Gross National Happiness (GNH), and believe that this is more important as an index of the progress of a community or nation. This concept of GNH found acceptance from other nations, and was put into practice with the support of the United Nations Development Program. It has drawn attention from other nations in the rest of the world. This concept of GNH provides a measure of the “progress” of a community or nation and proposes that the calculation of “wealth” of a nation should consider other important factors, not solely economic development. These factors include factors such as: the preservation of the environment, as well as the quality of life of the people. Bhutan, although economically poor, is rich in many other ways. This small country, which promotes Buddhist principles, continues to draw attention from other nations, regarding the need for human beings to balance our insatiable material demands and desires, and to control our human selfish and competitive tendencies.

Buddhism teaches us a how to live in this complicated world. Human adversities and suffering have often served to motivate us and give us inspiration. We turn to our religion, not as an escape, but instead, as a means of facing reality, and finding a way to live a life that is meaningful. Just as the beautiful pearl is created from the grit that has penetrated it, so also we can transform our lives from difficulty or affliction to that of personal fulfillment. May you find peace and fulfillment in the warm summer days that lie ahead, ever mindful of the richness and warmth of the Nembutsu.

From the Temple Executive

Summer is upon us and soon, Temple activities will slow down for the a couple months. Obon will be celebrated in Kelowna on July 8, 2012. We have the good fortune of having Reverend Gregory Gibbs from Oregon consent to be our guest speaker. We have four Hatsubon (first Obon after the death of a family member) families this year. Hopefully we will have a large turnout for the service to hear Reverend Gibbs and honour the memory of Mr. Yukio Tanemura, Mr. Sumio Tahara, Mr. Jinichiro Yokota and Mr. George Hayashi, four members whom entered Nirvana during the past year. Also all of our forefathers and mothers whose efforts are responsible for creating the lives we enjoy today. Last year we celebrated the 750th memorial for Shinran Shonin, the founder of Jodo Shinshu. We are able to enjoy his teaching today in Canada, because of the perseverance and dedication of our ancestors. Please make time in your schedules to attend and take part in this important observance.

Repairs on the Temple roof beams should be getting underway soon. The building is beginning to show it's age but thanks to the efforts of Isao Terai, we have managed to stay on top of everything. The Temple Board has begun to explore the

conversion of the basement storage room into a walk-in cooler. This is being considered due to the aging of our existing refrigerators. They are becoming unreliable and because we depend so much on them for our major fundraisers and for food preservation in general, we are exploring our options.

Dharma School held their year-end service on June 3rd. Thanks to Barb and Kent for offering to host a barbecue at their beautiful home. Everyone in attendance had an enjoyable day with great company and food. Reverend Miyakawa has continued to maintain a tremendously busy schedule taking care of the needs of the members of the large area for which he is responsible. He spends a great deal of time researching and preparing his Dharma messages for each service he conducts. We are the beneficiaries of his deep knowledge and understanding of the Dharma. His messages are always informative and delivered with passion and humour. With many of our older members dealing with health issues, the attendance at some of our services has dwindled to a small handful of people.

Please demonstrate your support for Reverend Miyakawa and the Temple by attending Sunday services and socializing afterward. You will never regret it!
In Gassho

Message from the Editor

For those that aren't aware, this publication will take a break over the summer, as activities around the Temple slow down for the summer months. We have such busy lives these days, and even more so when the weather in the Okanagan is at its finest. Between family, golfing, boating, beach and BBQ we have little time left to enjoy the Temple Sangha, however please make every effort to support the Temple Services—Sensei puts a lot of time and thought into delivering his Dharma Talks... so show your thanks by making every effort to attend. I'm reminded that this publication has a broad readership and loyal fans, we continue to receive your kind support via donations specifically earmarked for this publication. My thanks is being, but a small

part of the big Temple cog that continues churning out our now 44th Volume.

I end my short Editorial with a humorous tale of woe: I have always been quite fussy about how I like my eggs cooked... the other morning, my wife of 35 years tested my conviction by making mine sunny side-up and the dogs easy over... needless to say I said "I'm not eating that!" - I like mine easy over—so needless to say, it took me two days of groveling to dig out of that hole.

My advice, if someone is kind enough to make something for you, eat and enjoy... otherwise try to sneak it away from your dog and don't tell anyone.

In Gassho, jiro

Special Thank you to Ogi Greenhouse for your support of our Spring Plant & Bake Sale, ARIGATO!
Temple lawn mowers, please clean machine after each use, and don't forget to mow the vacant lot.

July 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Taiko Practice</i> 7pm	3	4 <i>Cemetery Clean-up</i> 6pm	5 <i>Obon Odori Practice</i> 7pm,	6 <i>Taiko Practice</i> 7pm	7 <i>Temple Yard Clean-up</i> 8am— <i>Welcome Banquet for Guest Minister</i> 6pm, <i>Lawn Cutting</i> —David Nishi
8 <i>Cemetery Service</i> 1pm, <i>Obon, Monthly Memorial : July & August</i> 3pm	9 <i>Taiko Practice</i> 7pm	10	11	12	13 <i>Taiko Practice</i> 7pm	14 <i>Lawn Cutting</i> —Kent MacCarl
15 <i>Kamloops Obon</i> —3:30pm	16 <i>Taiko Practice</i> 7pm	17	18	19 <i>Temple Executive Meeting</i> 7pm	20 <i>Taiko Practice</i> 7pm	21 <i>Lawn Cutting</i> —Alec Pelletier
22 <i>Temple Fun Golf Tournament</i> —9:30am	23 <i>Taiko Practice</i> 7pm	24	25	26	27 <i>Taiko Practice</i> 7pm	28 <i>Lawn Cutting</i> —Dan Romaniuk
29	30 <i>Taiko Practice</i> 7pm	31	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Don't wait for a call... come join the golfing fun, email kbtemple@telus.net or call any of the Temple Executive to reserve your spot! </div>			

August 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 <i>Taiko Practice</i>	4 <i>cutting -</i> Tim Tabara
5	6 <i>Taiko Practice, Chanting Marathon, VBT</i>	7	8	9	10 <i>Taiko Practice</i>	11 <i>cutting -</i> Herb Tanaka
12	13 <i>Taiko Practice</i>	14	15	16	17 <i>Taiko Practice</i>	18 <i>cutting -</i> Bob Koga
19	20 <i>Taiko Practice</i>	21	22	23	24 <i>Taiko Practice</i>	25 <i>cutting -</i> Michael Martin
26 <i>Interior Shin Buddhist AGM Vernon 10am</i>	27 <i>Taiko Practice</i>	28	29	30	31 <i>Taiko Practice</i>	

September 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>cutting -</i>
2	3	4	5	6	7	8 <i>cutting -</i>
9	10 <i>Taiko Practice</i>	11	12	13	14 <i>Taiko Practice</i>	15 <i>cutting -</i> Brian Yamaoka
16	17	18	19	20	21	22 <i>cutting -</i>
23	24 <i>Taiko Practice</i>	25	26	27	28 <i>Taiko Practice</i>	29 <i>cutting -</i> Jerry Takeda
30 <i>Monthly Memorial, Fall Ohiganye & Eitaikyo 2pm</i>		The sympathy cards, thank you cards etc. which are being used as fund raisers have been received and can be obtained by contacting Shirley Tanemura, Tomoye Yamaoka or Barb Yamaoka.				

Buddhism of the Heart

The first Noble Truth of Buddhism essentially states that this is a hard life that we all lead. Until we are fully awakened, there is always some measure of pain, dissatisfaction, restlessness, and suffering. Even the best of lives is touched at times by suffering; for many, suffering is a daily reality, not an abstraction. This recognition is called "noble" not because it is noble to suffer, but because there is nobility in truly facing up to the fundamental fact of imperfection in our lives.

行 事 案 内

7月	4日(水)	午後6時	お墓掃除
	5日(木)	午後7時	盆踊り稽古
	7日(土)	午後6時	ゲスト講師歓迎会
	7日(土)	午前8時	お寺境内掃除
	8日(日)	午後1時	お墓参り
		午後3時	お盆会、7、8月祥月法要
	15日(日)	午後3時半	カムループスお盆会
	19日(木)	午後7時	仏教会役員会
8月	6日(月)	於・バーノン仏教会	読経マラソン
	26日(日)	於・バーノン仏教会	オカナガン教区総会
9月	30日(日)	午後2時	秋の彼岸会、永代経、祥月法要
#	雨模様の日が続いていますが、夏至が過ぎればバーノンのお盆、ケローナ、カムループスと続きます。ご家族お揃いでお参り下さい。		
#	7、8月は時報も夏休みです。皆様もお元気で夏をお過ごし下さい。		

Just Rambling

Last month gas prices in Langley soared to a record high 150.9 cents per litre. We drove the van to Abbotsford a round trip of 1/2 an hr. & saved 25 cents a litre. In Langley we are paying transit taxes but are not deriving any benefit whatsoever as the nearest rapid transit station is at least 50 km away. That is what is known as highway robbery. We almost always try to shop locally although the U.S. border is only 15 mins. south of our home. We know that the Canadian taxpayer is paying my son's wages & a portion of my pension & medical benefits. Earlier this month, I attended Ellison school's 100th anniversary celebration. In 1936, when I completed grade 8 there, I recall that there were 9 students & of that number remaining today, I believe that there are only two 91 year old ladies & soon to be a 90 year old man still breathing. There was a shocking surprise too when a fellow who is my age but who was in a lower grade & who has lived on

a farm alongside of the Kelowna airport for his entire life, told me awhile ago, the names of fellow students who had passed away. Imagine my surprise when I sat down at the table to have my pancake breakfast & when I looked up, sitting across the table from me is the man who was supposed to have died an year ago. I fought back the urge to say, "when did you come back from H---"? One of the most memorable moments during my 2 years of attendance at the Ellison school was the annual Christmas concert. Several parents of the students would canvas the area for donations to purchase gifts for the children. Every family with school age or younger children were requested to send a letter to their teacher indicating the type of gift the child wanted. The cost of each present was to be no more than \$1.00 which was a lot of money 75 years ago when you could buy an ice cream cone

Just Rambling: Continued

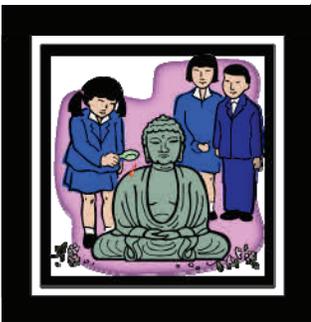
for a nickel. One year I asked for & received a first world war type of an aviator's leather helmet complete with goggles such as the one worn by Snoopy in the Charlie Brown comics. The following year it was a pocket watch priced at \$1.00 in the Eaton's catalogue. Both gifts were put to good use for many years. Santa Claus gave everyone a bag of goodies too.

66 years ago, I had thought that the entire world had finally come to their senses & hopefully we might be able to raise our families in a peaceful environment. There was a war time song "Bluebirds Over The

White Cliffs Of Dover" written just prior to that time & if I may, I would like to quote part of a verse from that melody; "There'll be love & laughter & peace ever after tomorrow when the world is free".

How wrong we were when we look at the world today with all the political & financial problems & absolute turmoil especially in the Mid- Eastern countries. We are fortunate that compared to most regions, we live in a peaceful country & being Buddhists firmly believe in peace & compassion.

In Gassho,



This is an article especially for the Dharma School kids and their families

To guide us to the deep realization of the oneness of all life, Sakyamuni Buddha left his teaching of the Eightfold Path for us to follow. By following the eight steps of this path in daily life, we can find wisdom, inner peace, and freedom from greed, hatred, and ignorance. So far, we have explored Right Views, Right Thought, Right Speech, and Right Conduct. This month's topic is Right Livelihood.

Livelihood means the job that we do to earn a living. Obviously, if you're a kid, you might say, "Well, I don't have a job yet...I'm too young". But if you actually look at it, you do have some important jobs in your life. One is to learn and grow. This is an important job, and in many ways it is up to you. Your parents do everything they can to create the conditions you need to become a strong, smart, happy, and healthy person. They take care of you and guide you, feed you, send you to school, and provide as many opportunities as they can for you to have fun and develop your skills for adulthood. They often work very hard to do this. Your job is to do your best to make the opportunities they provide come alive in you as a person. For example:

When your parents take care of you, they protect you from harm and teach you what you need to know to stay safe in this world. Your right livelihood is to respect them and follow their guidance.

When you go to school, your right livelihood is to do your best to learn.

When your parents provide you with healthy food, your right livelihood is to eat well and grow strong.

When your parents provide opportunities for fun and personal development, your right livelihood is to engage in these things with effort and enthusiasm.

When we are engaged in Right Livelihood, we are aware of the consequences of our work on the world around us. Think of a time when you have heard about someone making their living in a way that does harm to others. Do you think you would have wisdom, inner peace, and freedom from greed, hatred, and ignorance if you were doing something like that for a living?

Now, think of the people you have heard of or know who do no harm, or even help the world around them through the work they do. How many kinds of work can you name that are helpful to other people, to animals, or to the earth itself? Kids can do some very helpful things in the world too. Think of fund-raising for a good cause, or helping other kids at school by being friendly to them or helping them learn something that you understand better than they do. When your parents ask you to do a task at home, it is because they need and appreciate your help and are trying to teach you the skills necessary to be a grown up. Doing the task cheerfully and to the best of your ability is helping others, and yourself. These are all example of how kids can engage in Right Livelihood.

Have a great summer, and we will see you at Obon in July!

With Gratitude the Temple and all of its Affiliated Organizations

Acknowledge Your Generous Contribution and Apologies

for any Errors or Omissions.

Dharma School

Tanemura, Shirley \$30

Special

Yamaoka, M/M Tosh \$50

Mizushima, Yoshi \$50

Martin, Mr. Michael \$50

Stewart, Mrs. Karen \$60

McCarl, M/M Kent \$200

Gotanye Service

Yamada, M/M Ken \$20

Uemoto, M/M Kaichi \$20

Tanemura, Shirley \$20

Tanaka, M/M Herb \$30

Martin, Mr. Michael \$50

Monthly Memorial

Nishi, Mrs. Em (In Memory of Aya Tabuchi) \$20

Nishi, Mrs. Em (In Memory of Ted Mori) \$20

Ostapchuk, Rae (In Memory of Sachiko Tanaka) \$20

Roberts, Mrs. Keiko (In Memory of Sachiko Tanaka) \$20

Terai, M/M Isao \$20

Yamaoka, M/M Gerry (In Memory of Mrs. Okiku Yamaoka) \$20

Yamaoka, M/M Gerry (In Memory of Mrs. Irene Hayashi) \$25

Hatanaka, Mrs. Sugino \$30

Terada, Mr. Lorne (In Memory of Molly Pitt - Tanemura) \$30

Yamaoka, M/M Jack (In Memory of Toshiye Yamaoka) \$30

R. Suzuki/P. Tanaka (In Memory of Sachiko Tanaka/Ine Tomiyama) \$40

Terada, Mr. George (In Memory of Molly Pitt - Tanemura) \$40

Fong, M/M Michael (In Memory of Shuo Yamaoka) \$50

Hinman, M/M Ed (In Memory of Jitsue Nishi) \$50

M/M Tosh Yamaoka (In Memory of Mrs. Okiku Yamaoka) \$50

Mayeda, Mr. Derek (In Memory of Yasuko Mayeda) \$50

Tamura, Harriet (In Memory of Takeko Kimura & Kuniyoshi Tameura) \$50

Tanaka, M/M Herb \$50

Tanemura, Mrs. Shirley (In Memory of Molly Pitt - Tanemura) \$50

Terada, M/M Yosh (In Memory of Molly Pitt - Tanemura) \$50

Yamaoka, M/M Alan & Family (In Memory of Aya Tabuchi) \$50

Yamaoka, M/M Alan (In Memory of Mrs. Okiku Yamaoka) \$50

Yamaoka, Mrs. Chiyoko (In Memory of Mrs. Okiku Yamaoka) \$50

oka) \$50

Koga, M/M Morio (In Memory of Molly Pitt - Tanemura) \$100

Terada, Lillian \$30

Newsletter

Tamura, Harriet \$25

Kitaura, Mrs. Joan \$25

Membership:

Kitaura, Mrs. Joan \$125

2012 Plant & Bake Sale

Shirley Tanemura	7 Baked Pies
Tammy Nishi	4 Cream Pies
Suma Hunter	7pkg Tarts
Linda Uemoto	2 Apple Pies
	3doz Oatmeal Coconut Cookies
	3doz Chocolate Chip Cookies
Joyce Favell	3 Banana Cream Pies
	2 Strawberry Pies
Irene Sugie	3 Pineapple Loaves
	1 Sour Cream Cake
Mid Mori	50 Manju
Tomoye Yamaoka	75 Manju
	5pkg Lemon Cupcakes
Em Nishi	5doz Ginger Snaps
	5pkg Crispex Mix
	10tubs Sekihan
	24 Ohagi
Peggy Tanaka	6pkg Sesame Crisp Cookies
	7pkg Chocolate Chip Cookies
Yosh Ueda	6 Apple Pies
	2 Coronation Grape Pies
	2 Key Lime Pies
	4doz Trail Mix Cookies
	1doz Choc. Cruncher Cookies
	4doz Cinnamon Knots Buns

Recent legislation enacted by the Provincial Government restricts organizations from divulging personal information without the approval of the individuals affected. The donations generously made by Temple members and friends fall under the realm of personal information. Therefore, if you object to your donations being published in the Temple Newsletter, please let us know and we will cease doing so (Mail or Email your wish to be omitted from the published list). In Gassho,



August 6, 2012 Sixth Annual 12-hour Marathon Chanting Event
To commemorate the innocent victims of Hiroshima and Nagasaki
Vernon Buddhist Temple

Join us there, fold a paper crane as a symbol of peace and non-violence throughout the world.