

Kelowna Buddhist Temple

The New Dharma Express

P.O. Box 22092, RPO Capri Centre, Kelowna, B.C. V1Y 9N9 - Telephone 250-763-3827
 Web: www.kelownabuddhisttemple.org Email: kelbudt@gmail.com

November Memorial

- Master Fumio Matsuda
- Mr. Sanpei Matsuo
- Mr. Kazuo Ohta
- Mrs. Fusa Ohashi
- Mr. Tokujiro Tsuji
- Mr. Akira Ibaraki
- Mr. Jinnosuke Masumoto
- Mr. Komakichi Tamaki
- Mrs. Hide Nakayama
- Mr. Yoshio Tabata
- Mr. Jutaro Ueda
- Mr. Yukio Kurahashi
- Mr. Roy Tanaka
- Mrs. Yuki Horiuchi
- Mr. Tahei Tatebe
- Mr. George Ueda
- Mrs. Mary Hokazono
- Mr. Aiji Hokazono
- Mrs. Emiko Nishi
- Mrs. Joan Kitaura
- Mr. Robert Eikenaar
- Mr. Shigeru Tanaka
- Mrs. Tomiko Tamaki

Clean-up Altar Toban

- Alan/Barb Yamaoka
- Lisa Yamaoka
- Carrie Yamaoka
- Brian Yamaoka
- Teruo/Mutsuko Ogi
- Jean/Pat Yetman
- Anderson Arujo
- Dawson Yates

Director's report

Fall has arrived and the leaves are turning into beautiful fall colours. It has been eight months since the Temple has been closed and our last event was our spring Chow Mein sales. With the second wave of the COVID 19 pandemic starting to make its way into our community the Board has decided to continue to keep the Temple closed for now. This includes not having our normal fundraising activities such as our Farmer's Market, Chow Mein and Apple Pie Sales, etc. this fall.



The Temple board still has its monthly Zoom meetings to keep on top of any issues and concerns. Should you have any questions or requests please contact one of the board members.

Alan, Barb and Pegi participated in a virtual Peace Day Bell Ringing which was organized by the Honpa Hongwanji Mission of Hawaii. This event was a celebration of the International Day of Peace on September 21st with bell ringing in unison as it was also Peace Day in Hawaii. An excerpt from a letter of appreciation to those who attended "In the spirit of unity, we came together to promote peace in the world, during these challenging times, impacting all of our lives. It was uplifting, inspirational, heartwarming, and a truly "chicken skin" experience!" It was amazing to see 160 organizations/individuals registered for Zoom, many participated on Facebook, and bells were ringing in Japan, Canada, Maui, Kauai, Hawaii Island, Oahu, California, Idaho, Illinois, Massachusetts, Michigan, New Jersey, New York, Tennessee, and Washington! Others were watching from New Mexico, South Carolina, Nevada. Lions Clubs, Rotary Clubs, and Cub Scouts also rang their bells!"

KBT temple also supported the CGB Medical's Drive through flu clinic held in the last couple of weeks. The temple offered our parking lot for people to drive through. Thanks Jack and Alan for coordinating.

As previously mentioned in the newsletter our roof was repaired in the spring. We should now not have to worry about having any leaks into the building. A request for donations to help in the roof repair costs will be sent out and we hope you will be able to contribute.

The Women's Association's cookbooks are available to purchase and can be picked up in December. If you would like to order a cookbook please e-mail kelbudt@gmail.com or phone 250-762-2653.

Although the temple is closed there are some virtual events that members can participate in. We will try to let you know of these events as they come up.

Please see the following virtual event presented by the Calgary Buddhist Temple:

"Living with the Pandemic from a Buddhist Perspective - Clues from his new book" with Sensei Dr. Ken K. Tanaka is on Sunday, Nov 1 from 3 - 4pm Mountain Time. Tanaka Sensei is the renowned author of "Ocean: An Introduction to Jodo Shinshu Buddhism" and recently published "Jewels: An Introduction to American Buddhism"

Inside this issue:

Monthly Memorial List	
Toban Group	1
Executive Report	
Teachings of the Buddha	2
Donations	3
Donations	3
Executive Report continued	&
108 Human Passions Formula	4

The Teachings of the Buddha

Buddha Dharma

We can never know the exact process that Śakyamuni Buddha followed to experience Enlightenment he attained under the Bodhi tree. There is no doubt, however, that the key to understanding his 25 teaching and reaching the truth is the “dharma of dependent origination,” sometimes referred to as “dependent causation.” This means that all things are related by; cause, condition, and result. That is to say, all things in the world are interdependent and interconnected in a multi-dimensional, web-like structure of infinite details. The relationship of cause, condition, and result is not simply linear, as time and activity are often imagined to be. The Buddha Dharma does not concede miracles. Human beings must use reason to resolve problems and recognize the causes and conditions that brought them about.

The basic principles underlying the Buddha Dharma are contained in these three formulations:

1. All conditioned things are impermanent; all things change in relation to causes and conditions.
2. Nothing exists independently or statically; everything exists only because of conditions that make existence possible.
3. Nirvana is peace; in transcending suffering, a person may live with untroubled peace of mind.

Repeatedly instructing in this manner, Śakyamuni Buddha traced back to the cause of all the suffering from which no person is exempt. He then stressed that the basic cause for suffering was unawareness. The solution to spiritual problems, therefore, is to look into oneself and become aware of the problem for what it is. A mere intellectual understanding of dependent origination is insufficient for awakening. A person must change perspective in order to see and respond to the world in the context of interdependence. In effect, such awakening brings forth a paradigm of unshakeable truth.

The Four Noble Truths

1. Life is unavoidably connected to suffering. The “truth of suffering” is not just a view of life; rather, it is the truth of life itself. The Buddha taught that human life, measured from the first breath taken upon birth until the last breath when that life expires, is unavoidably connected to eight types of suffering:
 - 1) Birth
 - 2) Old Age
 - 3) Sickness
 - 4) Death
 - 5) Parting from those we love
 - 6) Having to associate with those we dislike
 - 7) Being unable to acquire what we wish
 - 8) Being attached to the five elemental aggregates of which our body, mind and environment are composed, in other words, that which keeps us alive.

In short, nothing is permanent or constant. The greatest joy does not last forever. Things simply do not always go as planned. Such is the nature of life.
2. The basic cause of life’s suffering is a person’s bonno – base passions or worldly desires – which is often referred to as blind passions. They are called “blind” because although they seem obvious in others and may appear easy to understand, more often than not, people fail to see those qualities in themselves. Thus, the human being is blind to the very cause of suffering. A person’s bonno are countless, but those that cause the most problems are greed, anger, and unawareness.
3. Recognizing and acknowledging these passions will dispel suffering. Once people become aware that the cause of suffering is blind desire, they will also see that the cessation of suffering occurs with the dispelling of the egoistic mind and heart, and seeking the world of nirvana. This term, “nirvana,” literally means “blow out” as in blowing out the flame of a candle and refers to the state in which blind desires no longer control human behavior. Thus, transcending the ego, the source of suffering, is the ultimate goal.
4. The way to transcend ego-caused suffering is to follow the Eightfold Path:
 - Right View (To keep ourselves free from prejudice, superstition, and delusion, and to see aright the true nature of life.)
 - Right Thought (To turn away from the evils of this world and to direct our minds towards righteousness.)
 - Right Speech (To refrain from pointless and harmful talk and to speak kindly and courteously to all.)
 - Right Conduct (To see that our deeds are peaceable, benevolent, compassionate, and pure; to live the Teaching daily)
 - Right Livelihood (To earn our living in such a way as to entail no evil consequences.)
 - Right Endeavor (To direct our efforts incessantly to the overcoming of ignorance and craving desires.)
 - Right Mindfulness (To cherish good and pure thoughts, for all that we say and do arise from our thoughts.)
 - Right Meditation (To concentrate our will on the Buddha, His Life, and His Teaching.)

The Eightfold Path is summarized in the six Paramitas, or types of practice by which a bodhisattva attains Buddhahood: dana (the act of giving, donation, generosity), sila (ethics and deportment), ksanti (perseverance), virya (diligence), dhyana (meditation), and prajna (wisdom). These are considered the standard practices and are means by which a being endeavors toward a selfless of the Buddhist Way. A bodhisattva is one who makes vows to attain Enlightenment and assists suffering humanity, and begins on the course of practice which requires a long period of time to complete.

excerpt from Jodo Shinshu Shogyo

With Gratitude the Temple and all of its Affiliated Organizations
Acknowledge Your Generous Contribution

Correction

In the last edition of the newsletter, a \$100.00 donation in memory of Mrs. Terry Masuda was incorrectly credited to Mr. Jerry Masuda. The correct donor's name is **Mrs. Jenny Masuda - Nelson**. Please accept our sincere apologies for the error.

Obon

Omae, Mrs. Shizue \$50.

Eitai-kyo

Yamaoka, M/M Alan \$50.

Tanaka, M/M Herb \$25.

Mayeda, Mr. Derek \$50.

Yamaoka, M/M Gerry ~ in memory of Shirley Yamaoka \$250.

Richdale, M/M Glen ~ in memory of Shirley Yamaoka \$250.

Mori, Mr. Min ~ in memory of Midori Mori \$100.

Mori, Ms. Julie ~ in memory of Midori Mori \$50.

Ohigan-ye

Tanaka, M/M Herb \$25.

Dharma Shotsuki

Koga, Mrs. Carol ~ in memory of Kayo Terada \$40.

Koga, Mrs. Carol ~ in memory of Hatsu Koga \$40.

Yokota, M/M Ken ~ in memory of Tomiye Yokota \$50.

Koga, M/M David ~ in memory of Suey Koga \$100.

Young, M/M John ~ in memory of Tomiye Yokota \$50.

Koga, Mrs. Carol ~ in memory of Florence Terada \$40.

Kitamura, M/M Teruo ~ in memory of Genzaburo Taguchi \$100.

Yamaoka, M/M Gerry ~ in memory of Tomiye Yokota \$30.

Mori, Mr. Min ~ in memory of Midori Mori \$50.

Anonymous ~ in memory of Florence Terada \$75.

Yamada, M/M Ken ~ in memory of Hideo Yamada \$30.

Neher, M/M John ~ in memory of Yoshio & Fumie Tabata \$200.

Suzuki, Mr. Rick & Tanaka, Ms. Peggy \$30.

Memorial (In Memory of Mitsuko Shirley Yamaoka)

Koga, Mrs. Carol \$100.

Yokota, M/M Ken \$300.

Hibi, Mika \$50.

Koga, M/M David \$30.

Tanaka, M/M Herb \$50.

Mayeda, Mr. Derek \$50.

Tanemura, Mrs. Shirley \$75.

Hori, Mr. Roy \$250.

Nishida, Mr. John \$100.

Nishida, Ms. Laurie \$200.

Anonymous \$100.

Yamaoka, M/M Jack \$100.

Sameshima, Mr. Ron \$100.

Sameshima, Mr. Dan \$100.

Teramura, Ken & Pauline \$100.

Terakita, Jenny & Derrick \$100.

Fujimoto, Shizuko \$200.

Fujimoto, Evelyn \$50.

Hori, Ken & Nancy \$120.

Anonymous \$150.

Brazier, Sofie \$25.

Terakita (Nishida), Joanne \$100.

Anonymous \$40.

Brown, Mrs. Gail \$100.

Richdale, M/M Glen \$1,000.

Kakuno, M/M John \$50.

Yamakawa, Irene \$50.

Yamaoka, M/M Dick \$100.

Yamaoka, Mr. Roy \$50.

Fong, M/M Michael \$200.

Yamaoka, M/M Alan \$200.

Yamaoka, Mr. Brian \$100.

With Gratitude the Temple and all of its Affiliated Organizations
Acknowledge Your Generous Contribution

Memorial (In Memory of Mitsuko Shirley Yamaoka) *continued*

Waterman, Carol & Bruce	\$50.
Berting, Helen & Dave	\$50.
Yamaoka, Mrs. Audrey	\$50.
Yetman, M/M Pat	\$100.
Kawamoto, Tobo & Hiroko	\$50.
Mahtoy, Wendy	\$100.
Omae, Mrs. Shizue	\$50.
Terai, Mr. Isao	\$70.
Lau, May	\$200.
Higo, Kelvin & Kazuyo	\$30.
Ryan, Jeanne	\$50.
Yamaoka, Gerry & Vicky	\$1,000.
Suzuki, Mr. R. & Tanaka, Ms. P.	\$100.

Memorial

Koga, Mrs. Carol ~ in memory of Chic & Mari Mori	\$100.
Koga, Mrs. Carol ~ in memory of Ken Ito	\$50.
Koga, Mrs. Carol ~ in memory of Jack Hatanaka	\$20.
Tanaka, M/M Herb ~ in memory of Jack Tahara	\$30.
Tanemura, Mrs. Shirley ~ in memory of Jack Tahara	\$75.
Kitamura, M/M Teruo ~ in memory of Jack Hatanaka	\$30.
Suzuki, Mr. R. & Tanaka, Ms. P. ~ in memory of Florence Terada	\$25.
Suzuki, Mr. R. & Tanaka, Ms. P. ~ in memory of Midori Mori	\$25.

Building Fund (in memory of Mitsuko Shirley Yamaoka)

Uemoto, M/M Kaichi	\$30.
Uyeyama, Mrs. Pegi Hayashi	\$50.
Young, M/M John	\$300.

Building Fund

Koga, Mrs. Carol ~ Temple Roof Repair	\$150.
Russell, Doreen In memory of Tomiye Yokota	\$50.
Anonymous ~ Temple Roof Repair	\$100.

General

Mori, Mr. Min ~ Farmers Market	\$40.
Mori, Mr. Min ~ Chow Mein	\$40.
Yamaoka, M/M Alan ~ Dumpster	\$25.

J.S.B.C.T. Day

Yamaoka, M/M Alan	\$25.
-------------------	-------

director's report continued from page 1

for Youth, Scouts and the Young at Heart". Space is limited so please register at

https://us02web.zoom.us/meeting/register/tZwrcuCrqj4tGd0NY2KCW78YjcOU_ggNbbt

These upcoming "Sangha Engagement" workshops/presentations are open to everyone so please share and invite other temple members, friends and family to attend! Registration is FREE and temple donations are gratefully accepted.

In Gassho,
Maureen Hatanaka



Formula used to calculate one hundred and eight human passions

The one hundred and eight passions originate in five feelings of sight, sound, smell, taste and touch, plus consciousness. These six multiplied by three (pleasant, unpleasant or neutral feelings) total eighteen.

Each of the pleasant, unpleasant or neutral feelings are either attached to pleasure or detached from pleasure. Therefore eighteen times two equals thirty-six.

These thirty-six are passions of man manifested in the past, present and future. Thus, thirty-six multiplied by three gives us a total of one hundred and eight passions.

